



April 23, 2026

Good afternoon Arbour Lake School families,

I hope you have all had a great week.

This week we had the opportunity to recognize and celebrate Support Staff Appreciation Week. Our support staff play an essential role in the daily life of our school. Whether working directly with students, supporting classrooms, assisting in the office, or helping ensure the school runs smoothly, their care, professionalism, and commitment make a meaningful difference each and every day. We are very grateful for all that they do to support our students, staff, and community.

We also hosted Grade 5 Tours and were pleased to welcome our incoming Grade 6 students to the school this week. It was wonderful to see their excitement as they toured the building and began to get a sense of what Arbour Lake School is all about. We are very much looking forward to officially welcoming them in the fall.

Thank you to the parents and guardians who attended School Council earlier this week. Your engagement and support are greatly appreciated. Our Annual General Meeting will take place next month, and further details can be found in the announcements section. We are always looking for parents and guardians to become involved on Council for the upcoming school year. School Council plays an important role in supporting the school, and strong parent voice and participation are invaluable to our continued growth as a community.

A reminder that tomorrow is a professional learning day, and there are no classes for students. The focus of the day is “Maatoomsii’Pookaiks,” a Blackfoot term that speaks to coming together in a good way to learn, reflect, and move forward collectively. This learning supports our ongoing commitment to growth, understanding, and strengthening our practice in service of students as we continue to move forward toward Reconciliation.

Wishing you all a wonderful weekend. As always, please feel free to reach out if you have any questions or need support.

Warm regards,

Nancy Lisi, Principal

nmlisi@cbe.ab.ca

Announcements & Reminders:

FROZEN JR. 50/50 RAFFLE

Arbour Lake School Fundraising Society is pleased to offer a 50/50 raffle in support of the Arbour Lake School Theatre program! Tickets will be available for purchase May 5, 6 and 7, 2026 during the Frozen Junior performance. Tickets are 1 for \$5, 3 for \$10 or 10 for \$20. Cash only!

Draw to be held at the Arbour Lake School at the conclusion of the May 7, 2026 performance. AGLC Raffle License Number 779097. All tickets must only be purchased or sold within Alberta.

ARBOUR LAKE SCHOOL PRESENTS - FROZEN JR.

Arbour Lake Middle School presents the musical Frozen JR. on May 5th, 6th, and 7th at 7pm.

Do you want to build a snowman? You'll love this fanciful and heartwarming stage adaptation of the top-grossing animated film of all time! Join Anna, Elsa, and all of your favorite characters as they embark on an epic, ice-filled journey of self-discovery, camaraderie, and the real meaning of true love. Adapted for young performers, this musical includes favorite *Frozen* songs such as "Love Is an Open Door," "Do You Want to Build a Snowman?," and "Let It Go," as well as wonderful new songs from the Broadway production. With its empowering message of love and understanding, *Frozen JR.* is sure to melt your heart!

Tickets are \$17.31 each. For more information and ticket sales please visit: <https://www.eventbrite.ca/e/frozen-jr-tickets-1986353461675?aff=oddtcreator>

Students interested in ordering **Frozen Jr. Hoodies** can do so up until tomorrow using the following link:

<https://docs.google.com/forms/d/e/1FAIpQLScLzBCmUjAfr2RO1ajs7JA5BfuffifTVWxsuMziAB8YegaWBw/viewform?usp=header>

NOTICE OF UPCOMING SCHOOL COUNCIL AGM & IMPORTANT UPDATE

The Annual General Meeting of the Arbour Lake School Council and Arbour Lake School Fundraising Society will be held on Tuesday, May 19, 2026 at 6:30pm. This will be an in-person meeting held at the school. Please join us as we gather to celebrate another successful year of council at Arbour Lake School.

Parent Council is recruiting for the 2026-27 school year! There are several key executive roles that must be filled, being Council Chair, Vice Chair and Casino Chair. Anyone interested in being involved on council will be warmly welcomed. No experience required. Elections for council positions for the 2026-27 school year will be



held at the upcoming AGM on May 19. If you are interested, or have any questions, please reach out to Jenny and Krista at alscouncil.chair@gmail.com.

REPORTING AN ABSENCE

To report an absence, you can now email: arbourlake@cbe.ab.ca with your student's full name and grade or you can continue to use the Absence Phone Line 403-777-7310 Ext 1.

CELEBRATING OUR COYOTES

Our *Celebrating Our Coyotes* initiative is an ongoing opportunity for us to recognize and celebrate our students for who they are as individuals, not just as learners in the classroom. Thank you to the families who have already shared information and photos. We truly appreciate your willingness to help us bring these stories to life. If your child has something to celebrate, please send a brief description including their name and grade, any relevant details or links, and a photo if you are comfortable with it being shared. We will use first names only in our posts. Submissions can be sent to nmlisi@cbe.ab.ca.

Upcoming Events & Important Dates

April 24	Non-Instructional Day – No Classes
April 25-29	Grade 9 Sailing Trip #2

Hold the Date

May 5-7	Main Stage Production of <i>Frozen</i>
May 21	Spring Dance – New Date
June 4	Grade 9 Farewell

Healthy Hunger: Fun Lunch Program

VOLUNTEERS REQUESTED: On behalf of School Council, we are always in need of volunteers to help sort the lunches. If you are able to spare a couple hours on a Thursday please sign up using this link:

<https://www.signupgenius.com/go/10C0A4CABA723A1FAC52-60960362-healthy>

Please visit HealthyHunger.ca to create an account and order. When logging in to place an order, please search for **Arbour Lake Middle School** on the Healthy Hunger website.

April 30	Mary Brown's
May 7	Popeye's
May 14	Subway
May 20	Tim Horton's



May 21	Opa!
May 28	Pizza 73
June 3	Jelly Modern Donuts
June 4	Mary Brown's
June 11	Papa John's
June 17	Kernels
June 18	Subway
June 25	Edo

Athletics & Extracurricular Activities

Clubs & Activities April Schedule -

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
Lunch	Lunch	Lunch	Lunch
<ul style="list-style-type: none"> - Yearbook Club Rm. 209 - Lego Club Rm. 164 - Full Lunch Period – Band Practice (Band Students ONLY) – Band Room 	<ul style="list-style-type: none"> - Scale Model Builders Rm. 160 - QSA Rm. 203 - Board Games Club Rm. 164 - Knitting & Crocheting Club Rm. 127 - 2nd Half of Lunch – Band Practice (Band Students ONLY) – Band Room 	<ul style="list-style-type: none"> - Card Magic Club Rm. 160 - 2nd Half of Lunch – Band Practice (Band Students ONLY) – Band Room 	<ul style="list-style-type: none"> - Cribbage Club Rm. 219 - Scale Model Builders R. 160 - Full Lunch Period – Band Practice (Band Students ONLY) – Band Room

Athletic Events at Home

See Ms. MacDougall's Update – Sent on Weekend

The Coyotes' Canteen: NOW OPEN

Item:	Price:
Cheddar Goldfish	\$1.00
SmartFood Popcorn	\$1.50
Lay's Oven Baked Chips	\$1.00
Sun Chips: Harvest Cheddar	\$1.00
Rold Gold Pretzels	\$1.00
Veggie Straws: Original, Wavy Sea Salt, & Zesty Ranch	\$1.00
Chocolate Cookie	\$1.50
Small Noodle Bowl: Beef, Chicken, Spicy, Veggie	\$2.00



Large Noodle Bowl: Beef & Chicken	\$2.50
Kraft Dinner: Original & Poutine	\$2.00
Juice: Apple, Orange, & Grapefruit	\$1.50

- ❖ All items are subject to availability & prices may change without prior notice to reflect cost by supplier. This is non-profit service. Items are sold at cost.
- ❖ All Sales are CASH ONLY

[Arbour Lake School Social Media](#)

Instagram: arbourlake_cbe

