



September 18, 2026

Hello Arbour Lake Families,

It has been another busy week at Arbour Lake School, and we were fortunate to end it with a couple of wonderful opportunities to come together as a school community.

Today, our students and staff participated in our annual Terry Fox Run, followed by our Welcome Back BBQ. It was wonderful to see so many families able to join us for the BBQ and spend some time at the school. We hope you enjoyed the opportunity to connect with one another and with our staff.

We also held our first School Council meeting of the year this week. We greatly appreciate the parents and guardians who were able to attend. Partnership with families is an important part of our success in supporting students, and School Council provides a valuable opportunity to stay connected, share information, and work together throughout the year.

Updated Administrative Regulation: Responsibilities of Parents

With legislative changes taking effect this year, the CBE has updated and developed a number of Administrative Regulations to align with these changes. Families will receive information directly from the Office of the Chief Superintendent regarding the updated [AR 5002: Responsibilities of Parents](#) however, feel free to review early. This new regulation is intended to strengthen the partnership between home and school and as mentioned, align with changes in legislation that has been introduced this fall. As always, I look forward to continuing to work in collaboration with all parents/guardians to ensure continued success of our students.

Orientation Night: Thursday, September 24, 6:30 to 8:00 PM

A reminder that our Orientation Night will take place next Thursday, September 24, from 6:30 to 8:00 PM. The evening will begin with a welcome and brief address in the main gym, followed by an opportunity for families to tour the school and connect with teachers in their child's grade team. Teachers will share information about the learning and key concepts students will engage with throughout the year. This evening is not intended to be a learning conference or an opportunity to discuss individual student progress. Our formal Learning Conferences will take place in November. Rather, Orientation Night is an opportunity to put faces to names, become familiar with the school, and gain a better sense of what a typical day and year of learning may look like for your child at Arbour Lake School. We hope to see many of you next Thursday.

If there is anything we can do to support your child or family, please feel free to reach out at nmlisi@cbe.ab.ca. Have a wonderful weekend and enjoy a little bit of sunshine!

Best regards,

Dr. Nancy Lisi
Principal

Announcements & Reminders:

Annual Demographic and Authorization Forms

Parents and guardians are reminded to complete the **Annual Demographic Verification** and **Annual Authorizations forms** through their Parent PowerSchool account as soon as possible and no later than **September 30**.

Completion of these forms is a legal requirement and ensures that student information is accurate and up to date. The Annual Demographic Verification is also required for Alberta Education student funding and confirmation of student registration.

We appreciate families taking a few minutes to complete both forms promptly.

Student Absence or Early Pick-Up/Late Drop-Off

To report a student absence or arrange for an early pick-up, parents/guardians can email the school directly. Please use the email address on file to notify us if your child will be away or if you plan to pick them up early. Be sure to include the following information in your email:

- Your child's first and last name
- Grade
- Reason for the absence or early pick-up (e.g., Dental Appointment)
- Expected time of pick-up

Please email your child's homeroom teacher and the office at arburlake@cbe.ab.ca.

If you are picking up your child early and have sent an email, please call the office at (403) 777-7310 when you arrive, and we will send your child out to meet you. This process helps enhance the safety of our students and staff. Please arrive a few minutes early, as students may need to be located and brought to the office.

If you are dropping your child off late, parents are not required to sign them in.

Annual Volunteer Registration Required for all School Volunteers

To ensure the safety and security of CBE students and staff, all volunteers must be registered with the school each school year before participating in volunteer activities. The Annual Volunteer Registration Form is valid for the current school year only. All volunteers, including returning volunteers, must complete a new registration form each school year before participating in volunteer activities.

Process: Parents and guardians can register as volunteers through the SchoolEngage tab in their MyCBE account. As part of the registration process, all volunteers must review the POPA requirements and sign to indicate their agreement with the conditions outlined in the form.

Celebrating Our Coyotes

At ALS we want to recognize the accomplishments of our students not only at school but also for the impressive things they do outside of school. Many students are engaged in athletics, the arts, community activities, and leadership beyond the classroom. We see Coyotes volunteering, performing in music and dance, acting on stage, coding, and robotics, competing in debate and science fairs, mentoring younger students, fundraising for causes, and contributing to cultural and faith communities. These achievements deserve to be highlighted, and we would love to feature them on our school social media. If your child has something to



celebrate, please send a brief description with the student's name and grade, any relevant details or links, and a photo if you are comfortable with it being shared. We will use first names only in our posts. Send submissions directly to nmlisi@cbe.ab.ca.

Upcoming Events & Important Dates

Sept 21	Beginner Band Clinic – After school
Sept 24	Orientation Night – 6:30-8:00PM
Sept 25	Non-Instructional Day – No Classes
Sept 28	Photo Day
	Grade 6 Quest Theatre – In School
Sept 29	Orange Shirt Day
Sept 30	National Day for Truth & Reconciliation – School Closed
Oct 1	Gr. 7 Outdoor Education Canoe Trip
Oct 2	Gr. 7 Winsport Presentation – In School
Oct 9	Gr. 7 Winsport Presentation – In School
Oct 12	Thanksgiving – School Closed
Oct 19	Non-Instructional Day – No Classes

Clubs & Activities September Schedule – Coming in October

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
Lunch	Lunch	Lunch	Lunch
- TBA	- TBA	- TBA	- TBA
After School	After School	After School	After School

Athletic Events

Sept 14	Boys Basketball Tryouts
	Boys' Soccer Game
Sept 15	Cross Country Run #2
Sept 21	Cross Country Run #3
Sept 22	Girls' Soccer Game
Sept 28	Boys' Soccer Game
Sept 29	Girls' Soccer Game

Healthy Hunger: Fun Lunch Program

Please find included in this communication the parent/guardian information flyer. Future dates and vendors to be announced.

Sept 24	Subway
Oct 1	Pizza 73
Oct 7	Saucy Bread Company
Oct 8	Mary Brown's
Oct 15	Edo Japan
Oct 21	Kernels
Oct 29	Subway
Nov 4	Saucy Bread Company
Nov 5	Pizza 73
Nov 18	Kernels
Nov 26	Subway



The Coyotes' Canteen NOW OPEN

The Canteen provides students with an opportunity to buy basic pantry items during the first half of our lunch period in the event they have forgotten to bring a lunch or simply wish to augment what they have packed for the day.

Item	Price
Mac & Cheese - Original - 3 Cheese	\$2.00
Ben's Original - Fried Style Rice	\$2.00
Bear's Paws Cookies	\$1.00
Banana Bread	\$1.00
SmartFood – Popcorn	\$1.50
Lay's Oven Baked Chips	\$1.00
Sun Chips - Harvest Cheddar	\$1.00
Pretzels – Rold Gold	\$1.00
Chocolate Cookie	\$1.00
SM Noodle Bowl - Beef, Chicken, Spicy, & Veggie	\$2.00
LG Noodle Bowl - Beef & Chicken	\$2.50
Apple Juice	\$2.00
Orange Juice	\$2.00
Grapefruit Juice	\$2.00

*All items are subject to availability & prices may change without prior notice.

**CASH SALES ONLY

Arbour Lake School Social Media

Instagram: arbourlake_cbe

