



September 26, 2024

Hello everyone,

While a short week at ALS, it has been a busy one. On Monday, we proudly participated in our annual Terry Fox Run, an event that brings our school community together to honor Terry Fox's legacy and raise awareness for cancer research. Each step taken during the run not only commemorates Terry's journey but also supports the ongoing fight against cancer, reminding us of the importance of perseverance, hope, and community. Thank you to everyone who contributed to this meaningful event and helped us make a difference!

Today our school took time to honor Orange Shirt Day, a day dedicated to reflecting on the legacy of Canada's residential school system and recognizing the experiences of Indigenous children who were forced into these institutions. Originating from Phyllis Webstad's poignant story of her orange shirt being taken away on her first day of school, this day symbolizes the cultural loss experienced by thousands of Indigenous children. At Arbour Lake School, we engaged in a meaningful activity, creating a paper chain where each link represented reasons why each student matters, reinforcing our commitment to "Every Child Matters." As we move forward, we remain dedicated to supporting the Truth and Reconciliation Commission's Calls to Action, particularly in educating our students about residential schools and fostering intercultural understanding. Please remember that Monday marks the National Day for Truth and Reconciliation, and our school will be closed in observance. Thank you for your continued support and commitment to this important cause.

Tonight is our Fall Orientation Night from 6:30 PM to 8:00 PM. In addition to Orientation Night, we will hold "Meet the Teacher" conferences for grade 6 students. Meet the Teacher conferences must be booked in advance, however our Orientation Night is a drop-in event. Open this evening will also be our Scholastic Book Fair, so please be sure to check that out as well. We look forward to seeing you there!

Please be reminded that tomorrow is a non-instructional day for students and as mentioned, the school is also closed on Monday, September 30th in honour of the National Day for Truth and Reconciliation.

I hope you have a great weekend, and if you have any questions or need assistance, please feel free to reach out via email at nmlisi@cbe.ab.ca.

Best regards,

Dr. Nancy Lisi
Principal
nmlisi@cbe.ab.ca

ANNOUNCEMENTS & REMINDERS:

Scholastic Book Fair: September 26 & 27

Please join us on September 26th & 27th for our school's Scholastic Bookfair. All proceeds earned will go toward providing our students with a rich & diverse literary experience.

- Sept. 26th: 6:30 - 8:00 PM @ Orientation Night - doors open after the main presentation
- Sept. 27th: 8:30 - 11:30 AM

Grade 9 Sailing Trip

If you are interested in having your grade 9 child attend the West Coast Sailing Trip on May 07 - May 11, 2025 then please have the forms handed into the office, or to Mr. Smaniotto (acsmaniotto@cbe.ab.ca) by the end of the day on Tuesday, October 1st. An email will go out to all families who have handed in the Sailing forms by the end of next week to confirm that their child is on the trip! Please see Mr. Smaniotto's previous emails about the sailing trip to if you need a copy of the forms. You can also email him with any final questions that you may have.

DATE CHANGE: Gr. 7-9 Outdoor School Camp Chief Hector

In order to allow for proper planning, we have facilitated a date change for this experience which will now be taking place **February 3rd – 6th**. This is an exciting opportunity for our Grade 7 - 9 students to attend Outdoor School at Camp Chief Hector in Kananaskis. This immersive experience promises to be both educational and transformative, offering students a chance to develop crucial social and leadership skills which align with our health and physical education curriculum. During their time at Camp Chief Hector, students will engage in a variety of activities designed to foster teamwork, problem-solving, and personal growth. The program includes:

- Canoeing: Building water skills and teamwork.
- Ropes Courses: Enhancing trust and communication through physical challenges.
- Team Building Exercises: Developing collaboration and leadership abilities.
- Outdoor Skills Training: Learning practical skills in a natural setting.

The cost of this experience is approximately \$455.00 per student, which covers transportation, accommodations, three meals a day, and the expertise of campcounselors who will lead the activities. We understand that the cost may be a concern for some families. We are pleased to inform you that subsidies are available for families who qualify. Participation in this trip is optional. Due to a limited number of spots available, the trip will be offered on a first-come, first-served basis. Please contact Ms. MacDougall at jemacdougall@cbe.ab.ca for more information.

School Fundraising Society – Casino Dates and Volunteering

The Arbour Lake School Fundraising Society is organized by parents and plays a vital role in supporting our school and students by organizing various fundraising initiatives. Their efforts help provide additional resources and programs that enhance the educational experience for our students. One significant event they host is a casino night, which raises thousands of dollars for the school. This event relies heavily on the support of volunteers. If you're interested in helping out, please sign up using the link below. Your involvement makes a real difference!

Casino Night Dates: February 6 & 7, 2025

Sign-Up Link: <https://www.signupgenius.com/go/10C0A4FA5AD2FA2F5C70-51590141-volunteer>

UPCOMING DATES & IMPORTANT EVENTS

Sept 27	Non-Instructional Day – No Classes Meet the Teacher (Gr. 6) 8AM-12PM
Sept 30	National Day for Truth and Reconciliation – School Closed
Oct 3	Gr. 7 Outdoor Ed. Trip to Bowness – Canoeing Gr. 7 CPAWS Field Trip – HR. 7.3
Oct 7	Gr. 9 Trip to Ralph Klein Park
Oct 8	Gr. 6 Vaccine Learning Presentation Gr. 7 CPAWS Field Trip Hr. 7.7 Gr. 9 Trip to Ralph Klein Park

Oct 10	Gr. 8 Rumble Boxing
Oct 11	IPPs- First Signature Due
Oct 14	Thanksgiving – School Closed
Oct 15	Gr. 9 to Ralph Klein Park School council 6:30PM Virtual
Oct 16	School Photos
Oct 17	Gr. 8 to Telus Spark (Hr. 8.5; 8.6; 8.7)
Oct 24	Gr. 7 CPAWS Hr. 7.4 Gr. 8 Telus Spark (Hr. 8.1; 8.2; 8.3; 8.4)

THE COYOTE CANTEEN

Please note that this is a cash only service. Students are able to come down and purchase a snack if they have forgotten their lunch OR if they would like to supplement the lunch they have.

CANTEEN ITEMS	PRICE
COOKIE	1.00
CHIPS/VEGGIE STRAWS	1.50
POPCORN	1.50
PROTEIN BAR	2.00
CHEEZIT CRACKERS	1.50
RITZ BITES / FISH CRACKERS	1.00
LARGE NOODLE BOWL	2.50
SMALL NOODLE BOWL	2.00
MAC & CHEESE	2.00
JUICE/WATER	1.50

HEALTHY HUNGER – FUN LUNCH

Our Healthy Hunger program, organized by the School Council, is a popular initiative that provides a tasty treat for students and a welcome break for parents.

This program relies on parent volunteers to help organize and distribute lunches to homerooms. If you're able to assist, please sign up using the link below. If you've previously volunteered with us, we'd love to have you back. If you're new to the process, feel free to contact the main office to learn how to get involved.

Please sign up here to volunteer:

<https://www.signupgenius.com/go/10C0A4CABA723A1FAC52-51330546-healthy>

Oct 3	Mary Brown's
Oct 9	Fun Snack – Tim Hortons
Oct 10	Subway
Oct 17	Coco Brooks
Oct 23	Fun Snack – Kernels Popcorn
Oct 24	Edo
Oct 31	Papa John's

EXTRA-CURRICULAR ACTIVITIES SCHEDULE

More Coming Soon...

Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	Lunch	Lunch	Lunch	
			Cribbage Club: Full Lunch Rm. 219 (Julian)	
After School	After School	After School	After School	After School

ATHLETICS

Soccer Spectators: Please be advised that all spectators attending our soccer games need to be on the opposite side of the field from our athletes and soccer teams. Thank you.

Oct 1	Girls Soccer at Home
Oct 2	Boys Soccer at Home
Oct 3-4	Maverick Madness Basketball Tournament at Home
Oct 7	Jr. Girls Bball at Home
	Boys Soccer at Home
Oct 8	Girls Soccer at Home
Oct 9	Sr. Girls Bball at Home
Oct 10	Girls Soccer at Home
Oct 15	Girls Soccer at Home
Oct 16	Boys Soccer at Home
Oct 17	Sr. Boys Bball at Home
Oct 21	Boys Soccer Game at Home
Oct 30	Sr. Girls Bball at Home

ARBOUR LAKE SCHOOL SOCIAL

Instagram: arbourlake_cbe