

# **Arbour Lake School Weekly Update**

#### **Arbour Lake School**

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September 20, 2024

Good afternoon,

I hope you've all had a good week. I want to thank the parents who attended our first School Council meeting of the new school year earlier this week. Your support and insights are important for establishing a strong partnership focused on student success. Thank you for being involved and taking time out of your busy schedules to join us.

We are excited to invite parents to our Fall Orientation Night on September 26 from 6:30 PM to 8:00 PM. This year, we've made some adjustments to the evening's schedule. In addition to Orientation Night, we will hold "Meet the Teacher" conferences for grade 6 students on Thursday from 4:00 PM to 8:00 PM and Friday from 8:00 AM to 12:00 PM. Please note that while Orientation Night is a drop-in event, the Meet the Teacher conferences require prior booking. Parents of grade 6 students received a link earlier this week to schedule a meeting with their child's homeroom teacher. This is a valuable opportunity for parents to share important insights about their child as we work together to support them in school. Please remember that these meetings will not include updates on student progress. Additionally, no bookings will take place from 6:30 PM to 7:00 PM on Thursday evening to allow all parents to attend a brief overview of our school and introductions to our staff in the gym. We look forward to seeing you there!

We had planned to take part in our annual Terry Fox Run today, but due to the weather, we have postponed this event to Monday. We are hoping for better weather as we look forward to supporting the cause Terry brought awareness to decades ago and continuing to raise funds for cancer research.

Wishing you a fantastic weekend! If you have any questions or need assistance, please feel free to reach out via email at nmlisi@cbe.ab.ca.

Best regards,

Dr. Nancy Lisi Principal nmlisi@cbe.ab.ca

#### **ANNOUNCEMENTS & REMINDERS:**

#### DATE CHANGE: Gr. 7-9 Outdoor School Camp Chief Hector

In order to allow for proper planning, we have facilitated a date change for this experience which will now be taking place <u>February 3<sup>rd</sup> – 6<sup>th</sup></u>. This is an exciting opportunity for our Grade 7 - 9 students to attend Outdoor School at Camp Chief Hector in Kananaskis. This immersive experience promises to be both educational and transformative, offering students a chance to develop crucial social and leadership skills which align with our health and physical education curriculum. During their time at Camp Chief Hector, students will engage in a variety of activities designed to foster teamwork, problem-solving, and personal growth. The program includes:

- Canoeing: Building water skills and teamwork.
- Ropes Courses: Enhancing trust and communication through physical challenges.
- Team Building Exercises: Developing collaboration and leadership abilities.
- Outdoor Skills Training: Learning practical skills in a natural setting.

The cost of this experience is approximately \$455.00 per student, which covers transportation, accommodations, three meals a day, and the expertise of campcounselors who will lead the activities. We understand that the cost may be a concern for some families. We are pleased to inform you that subsidies are available for families who qualify. Participation in this trip is optional. Due to a limited number of spots available, the trip will be offered on a first-come, first-served basis. Please contact Ms. MacDougall at <a href="mailto:jemacdougall@cbe.ab.ca">jemacdougall@cbe.ab.ca</a> for more information.

#### School Fundraising Society – Casino Dates and Volunteering

The Arbour Lake School Fundraising Society is organized by parents and plays a vital role in supporting our school and students by organizing various fundraising initiatives. Their efforts help provide additional resources and programs that enhance the educational experience for our students. One significant event they host is a casino night, which raises thousands of dollars for the school. This event relies heavily on the support of volunteers. If you're interested in helping out, please sign up using the link below. Your involvement makes a real difference!

Casino Night Dates: February 6 & 7, 2025

Sign-Up Link: https://www.signupgenius.com/go/10C0A4FA5AD2FA2F5C70-51590141-volunteer

Scholastic Book Fair: September 26 & 27

Please join us on September 26<sup>th</sup> & 27<sup>th</sup> for our school's Scholastic Bookfair. All proceeds earned will go toward providing our students with a rich & diverse literary experience.

 Sept. 26<sup>th</sup>: 6:30 - 8:00 PM @ Orientation Night - doors open after the main presentation

• Sept. 27<sup>th</sup>: 8:30 - 11:30 AM

### **UPCOMING DATES & IMPORTANT EVENTS**

Sept 23	Terry Fox Run Fall Equinox
Sept 24 & 26	Grade 6s to Drumheller
Sept 25	Grade 9s to Ralph Klein Park Grade 7 Beginner Band Clinic
Sept 26	Orange Shirt Day Orientation Night: 6:30-8:00PM Grade 6 Meet the Teacher 4-8PM
Sept 27	Non-Instructional Day — No Classes Meet the Teacher (Gr. 6) 8AM-12PM
Sept 30	National Day for Truth and Reconciliation – School Closed
Oct 3	Gr. 7 Outdoor Ed. Trip to Bowness – CanoeingGr. 7 CPAWS Field Trip – HR. 7.3

### THE COYOTE CANTEEN

Please note that this is acash only service. Students are able to come down and purchase a snack if they have forgotten their lunch OR if they would like to supplement the lunchthey have.

CANTEEN ITEMS	PRICE
COOKIE	1.00
CHIPS/VEGGIE STRAWS	1.50
POPCORN	1.50
PROTEIN BAR	2.00
CHEEZIT CRACKERS	1.50
RITZ BITES / FISH CRACKERS	1.00
LARGE NOODLE BOWL	2.50
SMALL NOODLE BOWL	2.00
MAC & CHEESE	2.00
JUICE/WATER	1.50

### **HEALTHY HUNGER – FUN LUNCH**

Our Healthy Hunger program, organized by the School Council, is a popular

initiative that provides a tasty treat for students and a welcome break for parents.

This program relies on parent volunteers to help organize and distribute lunches tohomerooms. If you're able to assist, please sign up using the link below. If you've previously volunteered with us, we'd love to have you back. If you're new to the process, feel free to contact the main office to learn how to get involved.

Please sign up here to volunteer:

https://www.signupgenius.com/go/10C0A4CABA723A1FAC52-51330546-healthy

Sept 25 Fun Snack - Kernels

Sept 26 Pizza 73

#### **EXTRA-CURRICULAR ACTIVITIES SCHEDULE**

More Coming Soon...

Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	Lunch	Lunch	Lunch	
			Cribbage Club:	
			Full Lunch Rm.	
			219 (Julian)	
After School	After School	After School	After School	After School

### **ATHLETICS**

**Soccer Spectators:** Please be advised that all spectators attending our soccer games need to be on the opposite side of the field from our athletes and soccer teams. Thank you.

Oct 1 Girls Soccer at Home
Oct 2 Boys Soccer at Home

Oct 3-4 Maverick Madness Basketball Tournament at Home

## ARBOUR LAKE SCHOOL SOCIAL

Instagram: arbourlake cbe