



Calgary Board
of Education

Arbour Lake School Weekly Update

Arbour Lake School

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May 2, 2025

Happy Friday!!

Congratulations to the incredible cast and crew of *High School Musical Jr.* on their outstanding performances this week. With over 120 students involved, the production was a true celebration of talent, teamwork, and commitment. A heartfelt thank you goes out to Ms. Caron, who led this team of talented students and directed the production with dedication and vision, as well as to Ms. Paul, Ms. Stawinski, Ms. Laird, Mr. Martyn, and all the staff who supported behind the scenes. A special thank you to Ms. MacDougall, who generously stepped in on short notice to help keep things running smoothly when illness impacted our team. If you had the chance to attend, you'll likely agree it was the best performance we've seen in six years.

Looking ahead, we are preparing for our upcoming Wellness Day on May 14. This day is designed to provide students with a variety of sessions focused on physical and mental well-being. From trying out new leisure activities to learning practical skills and getting active, the event offers something for everyone. Registration is due today so if your student has not yet signed up, please do so right away, the registration using the link provided below.

Sign up Link - <https://forms.gle/bnqaiNhqM6BRgnzq5>

A quick reminder for families of our Grade 6 students attending Camp Chief Hector next week. Students will be departing this Monday. Please ensure your child arrives with all their required gear, ready for what promises to be a memorable and enriching experience. If you have not yet submitted payment for the trip, we kindly ask that you do so as soon as possible. If cost is a concern or you require any financial support, please don't hesitate to reach out to me directly and confidentially.

Wishing you a wonderful weekend—hopefully with some long-awaited sunshine. As always, please contact me at nmlisi@cbe.ab.ca if you need anything.

Best regards,

Dr. Nancy Lisi
Principal
Arbour Lake School

ANNOUNCEMENTS & REMINDERS:

[Lifetouch Photography Offer](#)

Spring Photos are Ready for Purchase

ENJOY 10% OFF your order!

CODE: S202510OFF

EXPIRES: July 31, 2025

[Redeem Now](#)

[Student Enrollment Intentions for 2025-2026 - IMPORTANT](#)

STUDENTS IN GR. 6-8 MOVING SCHOOLS NEXT YEAR:

If your child will NOT be attending Arbour Lake School for the 2025-2026 school year, regardless of residency, please use the link below to inform us of your plans.

This does not apply to Grade 9 students

Students NOT Returning to ALS Next Year: <https://forms.office.com/r/Fb24yMpf1h>

SAVE THE DATE FOR...

Spring Dance:	May 28 6:30-8PM
Grade 9 Farewell:	June 5 (5pm-8:30pm)
Flag Football Tournament:	June 6
Floor Hockey Tournament:	June 11 & June 13

UPCOMING IMPORTANT DATES

May 5-8	Grade 6 to Camp Chief Hector
May 5 & 6	Grade 8 Science Guest Speaker
May 7 – 11	Grade 9 Sailing Trip
May 8	ImPACt
May 12 – 15	Track and Field Tryouts
May 12 & 13	Grade 8 Riverwatch Trip
May 13	Grade 8 Badminton Divisionals 4-8PM
May 14	The Class – ROAR Trip Grade 9 Badminton Divisionals 4-8PM

May 15	Grade 6 & 7 Badminton Divisionals 4-8PM
May 16	Non-Instructional Day – No Classes
May 19	Victoria Day – School Closed
May 20	School Council Meeting – 6:30PM Virtual

THE COYOTE CANTEEN

Please note that this is cash only service. Students can come down and purchase a snack if they have forgotten their lunch OR if they would like to supplement the lunch they have.

CANTEEN ITEMS	PRICE
COOKIE	1.00
CHIPS/VEGGIE STRAWS	1.50
POPCORN	1.50
PROTEIN BAR	2.00
CHEEZIT CRACKERS	1.50
RITZ BITES / FISH CRACKERS	1.00
LARGE NOODLE BOWL	2.50
SMALL NOODLE BOWL	2.00
MAC & CHEESE	2.00
JUICE/WATER	1.50

HEALTHY HUNGER – FUN LUNCH

Our Healthy Hunger program, organized by the School Council, is a popular initiative that provides a tasty treat for students and a welcome break for parents.

This program relies on parent volunteers to help organize and distribute lunches to homerooms. If you can attend, please sign up using the link below. If you have previously volunteered with us, we would love to have you back. If you are new to the process, feel free to contact the main office to learn how to get involved.

Please sign up here to volunteer:

<https://www.signupgenius.com/go/10C0A4CABA723A1FAC52-51330546-healthy>

May 1	Papa John's
May 7	Tim Hortons
May 8	Subway
May 15	McDonald's
May 21	Jelly Modern Donuts
May 22	Pizza 73
May 29	Opa
June 5	Edo

June 11	Kernels
June 12	KFC
June 19	Subway
June 25	Saucy Bread Company

EXTRA-CURRICULAR ACTIVITIES – APRIL

Monday	Tuesday	Wednesday	Thursday
Lunch (Full period unless noted)	Lunch (Full period unless noted)	Lunch (Full period unless noted)	Lunch (Full period unless noted)
Karaoke Kindness Rm. 217	Scale Model Builders Rm. 160	Art & Sketchbook Club Rm. 128	Cribbage Club Rm. 219
	QSA Rm. 203	Knitting & Crochet Club Rm. 127	Scale Model Builders Rm. 160
	Board Game Club Rm. 164	Card Magic Club Rm. 160	Jazz Band - Band Room
	Trivia Club Rm. 206		Lego Club Rm. 164
Afterschool	Afterschool	Afterschool	Afterschool

ARBOUR LAKE SCHOOL SOCIAL MEDIA

Please follow us on Instagram at: [arbourlake_cbe](#)