



November 1, 2024

Dear Parents/Guardians,

I hope this message finds you well!

First, I want to extend a huge thank you to our Grade 9 Leadership class and Ms. Caron for their outstanding work on the Haunted House event. It was a wonderful way to connect with our community and bring out some school spirit! Congratulations to all homerooms for their participation in the door decorating contest! The creativity was impressive, making it a challenge to choose the top three. Be sure to check our Instagram page to see some of the fantastic decorations!

I also want to send congratulations to our Boys Soccer team. They had an incredible season and found themselves on the winning end of a very intense and exciting semi-final game this past Wednesday that ended in a penalty-shoot out. On Monday at 4pm here at home, they will be facing Branton in the finals. Best of luck to these hardworking athletes! Go Coyotes!

As we move into the busy months ahead, I'd like to remind everyone about pedestrian safety. Please talk to your child about the importance of following traffic rules and avoiding jaywalking. Keeping our students safe is a top priority. It's also essential that we encourage our children to be positive community citizens. We have noticed an increase in complaints regarding littering, particularly in the neighborhood around the condos and public pathways. Poor choices by a few can negatively impact public perception of all our students. We want our community to see our students as respectful and mindful individuals. If you could reinforce this message with your own child that would go a long way in supporting our work with them at school.

In the coming weeks, we will initiate targeted efforts to promote inclusion and belonging within our school community. Three years ago, we launched the ALS Cares Initiative to support our commitment to anti-racism and combating discrimination in all forms. While our community encompasses a diverse range of beliefs and values, we must collectively agree on the importance of respectful language and behavior.

The goal of ALS Cares is to identify and address harmful or discriminatory language and actions through an educational lens. By helping students understand the impact of their actions on others, we empower them to make more thoughtful

choices. Once students are informed about language and behaviors that can be hurtful, any continued engagement in those actions becomes an intentional choice to harm others. When students choose to act in ways that intentionally hurt one another, they are disregarding our expectation of mutual respect and kindness. Such intentional harm often results in disciplinary measures, which serve not only to support the individual but also to reinforce that these behaviors are unacceptable in our school, helping to maintain a safe and inclusive environment for all.

As a public school, we celebrate a rich tapestry of cultures, religions, beliefs, and values. Our role as educators is not to dictate what others should believe, but to uphold the principle that harmful behaviors—whether or not we personally find them offensive—will not be tolerated at Arbour Lake School. It is not our place to dictate how others should feel or react to specific language or actions, but it is our responsibility to foster an environment of respect for all, and we remain committed to doing so.

It's important to remember that while we may not always agree, mutual respect is essential in our learning community. Our aim is to ensure that every student is able to access their right to education without fear of exclusion or discrimination. This work is ongoing, but it will be more focused and targeted in the coming weeks.

If you have any questions or concerns, please don't hesitate to reach out. You can reach me at nmlisi@cbe.ab.ca. Thank you for your continued support as we work together to create a positive and respectful environment for our students.

Wishing you all a wonderful weekend!

Warm regards,

Dr. Nancy Lisi
Principal

ANNOUNCEMENTS & REMINDERS:

[School Mainstage Production – Manager Wanted!](#)

Arbour Lake Schools Production team is looking for a stage manager! Are you a grade 8 or 9 student with a passion for theatre and organization? If you are then consider applying for the role using this google form here:
<https://forms.gle/SquJmMQuwDeP8Usi7>

[School Mainstage Production – Audition Information](#)

Are you interested in acting and singing role in this year's musical production? NEW THIS YEAR, students will need to use songs provided by the production crew

for their audition! Come see Ms. Caron to choose a song for your audition. Auditions will be held at lunch on November 5th and 6th, and after school on November 5th-7th!

Parent Resources – Student Well-Being

Attached you will find the Child and Youth Well-Being, Family & Caregiver Fall Series resources. There are both live sessions that parents/guardians can sign up for and recorded sessions for them to access when convenient. Please see attached document for resources.

Grade 9 Sailing Trip Fundraiser

Our first Sailing Trip Fundraiser is up and running! Our students are selling winter plants to help raise money for their trip to the west coast!

If you would like to get some winter plants and help support our sailing students, please visit this link to place your order!

<https://alssailing.growingsmilesfundraising.com/home>

When checking out you can select all students when prompted to enter who you are supporting, and we will divide the funds amongst all the sailors, or you can select a particular student. These plants are great quality and a great gift or holiday decoration. Thanks for your support.

School Fundraising Society – Casino Dates and Volunteering

The Arbour Lake School Fundraising Society is organized by parents and plays a vital role in supporting our school and students by organizing various fundraising initiatives. Their efforts help provide additional resources and programs that enhance the educational experience for our students. One significant event they host is a casino night, which raises thousands of dollars for the school. This event relies heavily on the support of volunteers. If you're interested in helping out, please sign up using the link below. Your involvement makes a real difference!

Casino Night Dates: February 6 & 7, 2025

Sign-Up Link: <https://www.signupgenius.com/go/10C0A4FA5AD2FA2F5C70-51590141-volunteer>

UPCOMING IMPORTANT DATES

Nov 1	Grade 6 Online Coding
Nov 3	Daylight Savings Begins

Nov 5	Grade 8 Outdoor Ed – Wall Climbing Trip
Nov 7	Remembrance Day Ceremony
Nov 8	Non-instructional Day – No Classes
Nov 11-13	Fall Break – School Closed
Nov 14	Grade 9s Zoo Field Trip (9.5, 9.6, 9.7)
Nov 18	Grade 8s to The Beach YYC
Nov 19	Grade 8s to The Beach YYC Grade 9 Zoo Field Trip (9.1 & 9.2) Grade 6 to Arts Commons School Council – Virtual 6:30PM
Nov 20	School Photo Retakes
Nov 21	Grade 9 Zoo Field Trip (9.3 & 9.4)
Nov 25	Grade 7 Storybook Theatre Trip
Nov 28	Parent Teacher Conferences 4-8PM Regular Scheduled Day
Nov 29	Parent Teacher Conferences 8AM-1PM No Classes

THE COYOTE CANTEEN

Please note that this is a cash only service. Students are able to come down and purchase a snack if they have forgotten their lunch OR if they would like to supplement the lunch they have.

CANTEEN ITEMS	PRICE
COOKIE	1.00
CHIPS/VEGGIE STRAWS	1.50
POPCORN	1.50
PROTEIN BAR	2.00
CHEEZIT CRACKERS	1.50
RITZ BITES / FISH CRACKERS	1.00
LARGE NOODLE BOWL	2.50
SMALL NOODLE BOWL	2.00
MAC & CHEESE	2.00
JUICE/WATER	1.50

HEALTHY HUNGER – FUN LUNCH

Our Healthy Hunger program, organized by the School Council, is a popular initiative that provides a tasty treat for students and a welcome break for parents.

This program relies on parent volunteers to help organize and distribute lunches to homerooms. If you're able to attend, please sign up using the link below. If you've previously volunteered with us, we'd love to have you back. If you're new to the process, feel free to contact the main office to learn how to get involved.

Please sign up here to volunteer:

<https://www.signupgenius.com/go/10C0A4CABA723A1FAC52-51330546-healthy>

Nov 6	Kernels
Nov 7	Subway
Nov 20	Tim Hortons
Nov 21	Opa
Dec 5	Subway
Dec 11	Savory Bread Company
Dec 12	Mary Brown's
Dec 18	Jelly Modern Donuts
Dec 19	Pizza 73
Jan 9	Subway
Jan 15	Kernels
Feb 5	Kernels
Feb 6	Kernels
Feb 19	Tim Horton's

EXTRA-CURRICULAR ACTIVITIES-Updated

Monday	Tuesday	Wednesday	Thursday
Lunch (Full period unless noted)	Lunch (Full period unless noted)	Lunch (Full period unless noted)	Lunch (Full period unless noted)
Lego Club Rm. 164	Scale Model Builders Rm. 160	Board Game Club Rm. 164	Cribbage Club Rm. 219
Minecraft Club- Band Rm.	QSA Rm. 203	Chess Club Rm. 160 (start on the 20th)	Scale Model Builders Rm. 160
	Trivia Club Rm. 206 (Second half of lunch)	Self-Defense Club Gr. 6/7 Girls (second half) - Dance Studio	Jazz Band - Band Rm.
		Creative Writing Club Rm. 120	Mathematics Club Rm. 204 (second half lunch)
Afterschool	Afterschool	Afterschool	Afterschool

ATHLETICS

Soccer Spectators: Please be advised that all spectators attending our soccer games need to be on the opposite side of the field from our athletes and soccer teams. Thank you.

Nov 4	Boys Soccer Finals – 4pm at Home
Nov 14	Sr. Boys Bball at Home
Nov 15	Jr. Boys Bball at Home
Nov 20	Sr. Girls Bball at Home

ARBOUR LAKE SCHOOL SOCIAL MEDIA

Please follow us on Instagram at: [arbourlake_cbe](#)