



January 16, 2025

Good afternoon ALS Parents/Guardians,

I hope you are all doing well and staying warm now that winter has turned to its usual self again! I'd like to take a moment to thank all parents who attended the School Council meeting this week, and for the continued support our school receives from Council. This partnership is vital to our success in supporting students, and it is truly appreciated.

Thank you as well to everyone who came out to celebrate our Winter Festival of Learning. It was a cold evening, but incredibly heartwarming to see so many families joining us to celebrate student learning. Special thanks to Ms. Tompkins for organizing the event, and to all of our staff for the outstanding work they do with students in their complementary courses and for showcasing and celebrating that learning with our community. Our students displayed some incredible talent and learning last night – kudos to them! Looking ahead to next week, Semester 2 begins on Wednesday. Students will be moving into their new complementary course offerings at that time.

High school transition activities are beginning for our Grade 9 students. Next week, students designated to Robert Thirsk High School will attend a school tour on Monday. Students designated to Bowness High School already visited their school last week. As a reminder, students are automatically designated to their community high school when transitioning from middle school, and no action is required from families unless you wish to seek enrollment in a high school other than your child's designated school. In that case, the high school transfer process must be followed, as outlined on the CBE corporate website. Students living in Arbour Lake, Citadel, and Hawkwood are designated to Robert Thirsk High School. Our grandfathered students living in Scenic Acres are designated to Bowness High School. Again, all information related to high school designation and transfers can be found on the CBE corporate website.

The volleyball season has begun with our teams practicing last week and this week, preparing them to take to the court next week in their first competitions of the season. We wish them the very best as they prepare for their games.

Please be reminded that Friday, January 30 is a system non-instructional day. There will be no classes for students. I hope you have a wonderful weekend. If you need anything, please feel free to reach out to me by email.

Dr. Nancy Lisi
Principal, Arbour Lake School
nmlisi@cbe.ab.ca

Announcements & Reminders:

GRADE 9 SAILING TRIP FUNDRAISER – FILL YOUR FREEZER

Our second fundraiser for the Grade 9 sailing trip is officially up and running. We are excited to be offering a Fill Your Freezer fundraiser, with lots of great items to choose from. It is a convenient way to support the trip while stocking up at home. Please be sure to use the provided ordering link when placing your order, as all profits will be shared equally among all participating students. We are accepting orders until January 28th. Thank you for your support. <https://arbourlakesailing2026.myteamfund.ca/seller/2040-01>

REPORTING AN ABSENCE

To report an absence, you can now email: arbourlake@cbe.ab.ca with your student's full name and grade or you can continue to use the Absence Phone Line 403-777-7310 Ext 1.

CELEBRATING OUR COYOTES

New this year is our Celebrating Our Coyotes initiative. We want to recognize the accomplishments of our students not only at school but also for the impressive things they do outside of school. Many students are engaged in athletics, the arts, community activities, and leadership beyond the classroom. We see Coyotes volunteering, performing in music and dance, acting on stage, coding, and robotics, competing in debate and science fairs, mentoring younger students, fundraising for causes, and contributing to cultural and faith communities. These achievements deserve to be highlighted, and we would love to feature them on our school social media. If your child has something to celebrate, please send a brief description with the student's name and grade, any relevant details or links, and a photo if you are comfortable with it being shared. We will use first names only in our posts. Send submissions directly to nmlisi@cbe.ab.ca.

Upcoming Events & Important Dates

Jan 26	Gr. 9 School Tours – Robert Thirsk HS Gr. 9 HR 6.1 & 6.2 – Science Students from U of C
Jan 27	Last Day of Semester 1 Grade 9 Guest Speaker
Jan 28	First Day of Semester 2 Grade 9 Guest Speaker
Jan 30	No School – Non-Instructional Day
Feb 12-13	Teachers' Convention – School Closed
Feb 16	Family Day – School Closed
Feb 17	School Council Meeting 6:30pm – Virtual
Feb 19	Political Cartoonist – Grades 6 & 9
Feb 24	Report Cards Available via PowerSchool Grade 9 Vaccinations ImPACT
Feb 25	Pink Shirt Day



	Gr. 7 Outdoor Ed. Snowshoe Field Trip
	Gr. 8 Theatre Calgary Field Trip
Feb 26	Open House 6:30-8pm
	Gr. 8 Theatre Calgary Field Trip
Feb 27	Non-Instructional Day – No Classes

Healthy Hunger: Fun Lunch Program

VOLUNTEERS REQUESTED: On behalf of School Council, we are always in need of volunteers to help sort the lunches. If you are able to spare a couple hours on a Thursday please sign up using this link:

<https://www.signupgenius.com/go/10C0A4CABA723A1FAC52-60960362-healthy>

Please visit HealthyHunger.ca to create an account and order. When logging in to place an order, please search for **Arbour Lake Middle School** on the Healthy Hunger website.

Jan 29	Mary Brown's
Feb 4	Tim Horton's Snack
Feb 5	Subway
Feb 18	Kernels – Snack
Feb 19	Opa
Feb 26	Papa John's
March 4	Saucy Bread Company
March 5	Pizza 73
March 12	Subway
March 18	Kernels - Snack

Athletics & Extracurricular Activities

Clubs & Activities January Schedule

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
Lunch	Lunch	Lunch	Lunch
- Sketching Club Rm. 209 - Lego Club Rm. 164	- Scale Model Builders Rm. 160 - QSA Rm. 203 - Board Games Club Rm. 164	- Chess Club Rm. 160	- Cribbage Club Rm. 219 - Scale Model Builders R. 160
After School	After School	After School	After School

Athletic Events at Home



Jan 26	Girls' Volleyball Games
Jan 28	Girls' Volleyball Games
Feb 2	Girls' Volleyball Games
Feb 3	Boys' Volleyball Games
Feb 5	Boys' Volleyball Games
Feb 11	Boys' Volleyball Games

The Coyotes' Canteen: NOW OPEN

Item:	Price:
Cheddar Goldfish	\$1.00
SmartFood Popcorn	\$1.50
Lay's Oven Baked Chips	\$1.00
Sun Chips: Harvest Cheddar	\$1.00
Rold Gold Pretzels	\$1.00
Veggie Straws: Original, Wavy Sea Salt, & Zesty Ranch	\$1.00
Chocolate Cookie	\$1.50
Small Noodle Bowl: Beef, Chicken, Spicy, Veggie	\$2.00
Large Noodle Bowl: Beef & Chicken	\$2.50
Kraft Dinner: Original & Poutine	\$2.00
Juice: Apple, Orange, & Grapefruit	\$1.50

- ❖ All items are subject to availability & prices may change without prior notice to reflect cost by supplier. This is non-profit service. Items are sold at cost.
- ❖ All Sales are CASH ONLY

Arbour Lake School Social Media

Instagram: arbourlake_cbe

