Calgary Board of Education

Arbour Lake School Weekly Update

Arbour Lake School

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www.cbe.ab.ca

November 20, 2026

Hello ALS Families,

I hope everyone enjoyed the Fall Break and had an opportunity to rest, recharge, and spend some time together. We certainly returned to a full dose of winter this week, with colder temperatures and snow reminding us that winter has arrived! With the colder weather upon us, I would like to remind families to ensure students are dressed appropriately for the conditions. Many students spend time outside waiting for transit, arriving at school before our doors open, or heading outdoors during lunch. Warm jackets, appropriate footwear, gloves, and hats are important, particularly as temperatures continue to drop. We appreciate your support in helping students come prepared for the weather each day.

Parent Engagement

I would like to extend my thanks to the parents who joined us for our School Council meeting this week. Your time, participation, and perspectives are greatly appreciated.

Our next School Council meeting will take place in January, and I will be sure to send several reminders as we get closer to the date. I would really encourage more families to attend. This year we have seen a decline in parent engagement and participation in School Council, and this is something I would really like to see change. Our meetings are held virtually, making it easy to join from home, your office, or even your car.

Parent voice is an important part of the work we do at Arbour Lake School. Our planning, initiatives, and ideas are regularly brought forward to School Council so we can gather feedback, hear different perspectives, and better understand what matters to our families. We work hard to maintain strong connections with parents, but that relationship needs to be a two-way partnership. We need parents to participate, share their perspectives, and be part of the conversations that help shape our school.

You do not need to take on a formal role or make a significant time commitment. Simply attending, listening, asking questions, and sharing your thoughts makes a difference. We genuinely want to hear from you, and I hope to see many more families represented at our January meeting.

Parent-Teacher Conferences

Parent-Teacher Conferences are scheduled for next week. An email was sent to families earlier this week with information about booking appointments. Interviews will be held virtually unless an in-person meeting has been specifically requested. We encourage families to take advantage of this opportunity to connect with teachers, discuss student progress, and celebrate the learning taking place.

Basketball Season Finals

As we wrap up another exciting basketball season, I want to congratulate all four of our basketball teams on their efforts and accomplishments. Every one of our teams has advanced to the finals, which is a wonderful achievement and a reflection of the dedication, teamwork, and commitment demonstrated by our student athletes and coaches. Our final games are scheduled as follows:

Friday, November 20 at Robert Thirsk High School

- Senior Girls: B Final at 4:00 p.m.

- Senior Boys: B Final at 5:15 p.m.

Monday, November 23 at William D. Pratt

- Junior Boys: B Final at 5:45 p.m.
- Junior Girls: A Final at 7:00 p.m.

If you have an opportunity, please come out and cheer on our Coyotes as they compete in their final games! We are incredibly proud of all our athletes and grateful to the coaches who have dedicated their time and energy to supporting our teams throughout the season.

Finally, as I prepare to begin my leave on Monday, I want to thank our school community for your continued kindness, understanding, and support. I wish you and your families all the very best and am hopeful that I will be back at Arbour Lake School soon. As mentioned earlier this week, Mr. Jim Parent will be joining ALS beginning Monday to support Mr. Sloane in leading the school in my absence. I know our students, staff, and families will be in good hands, and I am grateful for the leadership and care they will provide during this time.

Thank you, as always, for your ongoing partnership and support of our school community. Wishing everyone a wonderful weekend!

Warm regards,

Nancy Lisi
Principal, Arbour Lake School

Announcements & Reminders:

School Council | Casino Volunteers Needed Dec 11 & 12

Our biggest fundraiser of the year is coming up quickly and we would love your help. The casino is scheduled for **December 11th & 12th, 2026.**

Every shift makes a difference, and we would be so grateful for your support. The funds we raise help provide technology, field trips, art and science supplies, residencies, and reduced costs to families. Volunteering at the casino is one of the most meaningful ways to support our school. This fundraiser will bring in up to $80,000 for the school, so please see if you can help.

Sign up here: https://www.signupgenius.com/go/10C0A4FA5AD2FA2F5C70-64500804-volunteer?useFullSite=true#/

Student Absence or Early Pick-Up/Late Drop-Off

To report a student absence or arrange for an early pick-up, parents/guardians can email the school directly. Please use the email address on file to notify us if your child will be away or if you plan to pick them up early. Be sure to include the following information in your email:

- Your child's first and last name
- Grade
- Reason for the absence or early pick-up (e.g., Dental Appointment)
- Expected time of pick-up

Please email your child's homeroom teacher and the office at arbourlake@cbe.ab.ca.

If you are picking up your child early and have sent an email, please call the office at (403) 777-7310 when you arrive, and we will send your child out to meet you. This process helps enhance the safety of our students and staff. Please arrive a few minutes early, as students may need to be located and brought to the office.

If you are dropping your child off late, parents are not required to sign them in.

Annual Volunteer Registration Required for all School Volunteers

To ensure the safety and security of CBE students and staff, all volunteers must be registered with the school each school year before participating in volunteer activities. The Annual Volunteer Registration Form is valid for the current school year only. All volunteers, including returning volunteers, must complete a new registration form each school year before participating in volunteer activities.

Process: Parents and guardians can register as volunteers through the SchoolEngage tab in their MyCBE account. As part of the registration process, all volunteers must review the POPA requirements and sign to indicate their agreement with the conditions outlined in the form.

Celebrating Our Coyotes

At ALS we want to recognize the accomplishments of our students not only at school but also for the impressive things they do outside of school. Many students are engaged in athletics, the arts, community activities, and leadership beyond the classroom. We see Coyotes

volunteering, performing in music and dance, acting on stage, coding, and robotics, competing in debate and science fairs, mentoring younger students, fundraising for causes, and contributing to cultural and faith communities. These achievements deserve to be highlighted, and we would love to feature them on our school social media. If your child has something to celebrate, please send a brief description with the student's name and grade, any relevant details or links, and a photo if you are comfortable with it being shared. We will use first names only in our posts. Send submissions directly to nmlisi@cbe.ab.ca.

Upcoming Events & Important Dates

Nov 23	Middle-Years Well Being Symposium – Mount Royal
Nov 25	Grade 9 Students to tour Robert Thirsk High School
Nov 26	**Parent Teacher Conferences 4-8PM (Virtual) Regular Scheduled Day**
Nov 27	**Parent Teacher Conferences 8AM – 1PM (Virtual) No Classes**
Dec 2	Gr. 8 Outdoor Education – Climbing Wall Field Trip
Dec 3	Drama Field Trip – Frozen
Dec 15	Grade 9 Vaccinations
Dec 14-18	Spirit Week
Dec 18	Winter Solstice Celebration
Dec 19-Jan 3	**Winter Break (Classes Resume January 4)**

Clubs & Activities September Schedule – November

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
Lunch	**Lunch**	**Lunch**	**Lunch**
- Board Game Club Rm. 164 (All Lunch) - Musical Theatre Rm. 124 (All Lunch) - Band Room Practice (All Lunch) *Band Students Only	- Scale Model Builders Rm. 166 (All Lunch) - QSA Rm. 128 (All Lunch) - Band Room Practice (All Lunch) *Band Students Only	- Lego Club Rm. 166 (All Lunch) - Musical Theatre Rm. 124 (All Lunch) - Chess Club Rm. 166 (All Lunch) - Band Room Practice (All Lunch) *Band Students Only	- Scale Model Builders Rm. 166 (All Lunch) - Cribbage Club Rm. 219 (All Lunch) - Band Room Practice (All Lunch) *Band Students Only
After School	**After School**	**After School**	**After School**

At Home Athletic Events

Nov 5	Boys' Basketball
Nov 20	Senior Girls: B Final at 4:00 p.m. @ Robert Thirsk High School
	Senior Boys: B Final at 5:15 p.m. @ Robert Thirsk High School
Nov 23	Junior Boys: B Final at 5:45 p.m. @ William D. Pratt School
	Junior Girls: A Final at 7:00 p.m. @ William D. Pratt School

Healthy Hunger: Fun Lunch Program

Please find included in this communication the parent/guardian information flyer. Future dates and vendors to be announced.

Nov 18	Kernels
Nov 19	Papa John's
Nov 26	Subway

Dec 2	Fun Snack – The Saucy Bread Company
Dec 3	Papa John's
Dec 10	Subway
Dec 16	Fun Snack – Kernels
Dec 17	Subway

The Coyotes' Canteen NOW OPEN

The Canteen provides students with an opportunity to by basic pantry items during the first half of our lunch period in the event they have forgotten to bring a lunch or simply wish to augment what they have packed for the day.

Item	Price
Mac & Cheese - Original - 3 Cheese	$2.00
Ben's Original - Fried Style Rice	$2.00
Bear's Paws Cookies	$1.00
Banana Bread	$1.00
SmartFood – Popcorn	$1.50
Lay's Oven Baked Chips	$1.00
Sun Chips - Harvest Cheddar	$1.00
Pretzels – Rold Gold	$1.00
Chocolate Cookie	$1.00
SM Noodle Bowl - Beef, Chicken, Spicy, & Veggie	$2.00
LG Noodle Bowl - Beef & Chicken	$2.50
Apple Juice	$2.00
Orange Juice	$2.00
Grapefruit Juice	$2.00

*All items are subject to availability & prices may change without prior notice.
**CASH SALES ONLY

Arbour Lake School Social Media

Instagram: arbourlake_cbe