



May 9, 2025

Good afternoon Parents and Guardians,

What a week it has been at Arbour Lake School! Nearly 60 of our Grade 6 students returned yesterday afternoon from their four-day, three-night adventure at Camp Chief Hector. They arrived home exhausted but buzzing with excitement, and we were grateful they had such beautiful weather throughout the trip. A heartfelt thank you goes out to Mr. Jang, Mr. Maris, Ms. Miller, and Ms. Laird for generously giving their time and care to support our students on this experience. These trips would not be possible without the dedication of our teachers, who volunteer their time and sacrifice moments with their own families to ensure our students can create such lasting memories.

Meanwhile, a group of our Grade 9 students is currently sailing off the west coast. They are also supported by an incredible team of teachers who have taken time away from their families to be there. By all accounts, they are having a fantastic time and even spotted whales yesterday!

Looking ahead to next week, our Grade 8 students will participate in Riverwatch on Monday and Tuesday. On Wednesday, students in The Class will attend the ROAR equine program. In athletics, divisional badminton tournaments for our Grade 6–8 teams are also scheduled next week. And on Wednesday, we are excited to host our school-wide Wellness Day, with over 80 unique activities for students to choose from as they craft a personalized day focused on supporting both their physical and emotional well-being.

Track and field tryouts will also begin next week during lunch—stay tuned for the schedule. We are looking forward to assembling a strong and talented track and field team that will represent as on June 4th at the annual Track and Field Meet.

A big thank you to our School Council for the Barista Station and snacks today. What a thoughtful and generous gesture! Our staff truly appreciated it.

I also want to pause and recognize the outstanding teachers and staff at Arbour Lake School. I feel incredibly fortunate to work alongside such talented and committed professionals. As both a colleague and a parent, I am deeply grateful for the care and expertise they bring to our school community every day.

Yesterday, parents of students in Grades 6–8 would have received an email with a link to the Peer Request Form. This form is to be completed with your child to support them in making positive and thoughtful peer selections for their 2025–2026 homeroom placement. As noted in the email, there is no ranking of names—students are simply asked to list four peers, in no particular order. We guarantee

that one of the four peers listed will be placed in the same homeroom.
Please ensure the form is completed and submitted by **May 23, 2025**. After this date, the link will close so we can begin the process of creating class groupings for the upcoming school year.

The links to the form are included below:

Current Grade 6s Peer Request Form: <https://forms.office.com/r/18uqC3Cg6J>

Current Grade 7s Peer Request Form: <https://forms.office.com/r/wGy5SDnXXk>

Current Grade 8s Peer Request Form: <https://forms.office.com/r/pps9TSJVpF>

Finally, to all the moms—and those who fill that role in any way—I wish you a very happy Mother’s Day. Your work is never done, and you are deeply appreciated. I hope you get some well-deserved time this weekend with the ones who made you a mom.

As always, please feel free to reach out to me at nmlisi@cbe.ab.ca if you have any questions.

Warm regards,

Dr. Nancy Lisi
Principal
Arbour Lake School

ANNOUNCEMENTS & REMINDERS:

OurSCHOOL Student Survey Administration

Arbour Lake School will be participating in an online school perception survey for students called the OurSCHOOL Student Survey. This anonymous survey is completely voluntary for all CBE students. Please find the details of the survey implementation below.

CBE's Education Plan prioritizes student voice and well-being in our decision-making processes. Responses from this survey are used at the system and school level to recognize and improve what is necessary for students to feel safe, welcome, and cared for when at school.

Grades 4-12 students provide feedback on:

- sense of belonging
- positive relationships
- anxiety
- feeling safe at school
- life satisfaction
- general health
- orientation to well-being
- goal-oriented
- self-regulation
- cultural awareness of others

Additionally, Grades 6-12 students provide feedback on:

- depression
- self-esteem
- cultural awareness of self

Demographic questions are also asked on this survey for norming purposes. These are:

- age, gender, Indigenous status, immigrant status, home language.
- grade repeater, reasons for changing schools, disability or medical conditions that limits participation in school activities or learning.

At Arbour Lake School our OurSCHOOL Student Survey administration plan is as follows:

Who: All students in Grade 6-9

When: between May 12-23 (depending on schedule within homeroom classes)

If you have questions or would like to request more information about Arbour Lake's upcoming implementation of the OurSCHOOL Student Survey, please contact Matt Sloane, assistant principal at mgsloane@cbe.ab.ca

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[Student Enrollment Intentions for 2025-2026 - IMPORTANT](#)

STUDENTS IN GR. 6-8 MOVING SCHOOLS NEXT YEAR:

If your child will NOT be attending Arbour Lake School for the 2025-2026 school year, regardless of residency, please use the link below to inform us of your plans. This does not apply to Grade 9 students

Students NOT Returning to ALS Next Year: <https://forms.office.com/r/Fb24yMpf1h>

SAVE THE DATE FOR...

Spring Music Concert:	May 22	6:30-8PM
Spring Dance:	May 28	6:30-8PM
Grade 9 Farewell:	June 5	5:30-8:30PM
Flag Football Tournament:	June 6	
Floor Hockey Tournament:	June 11 & June 13	

UPCOMING IMPORTANT DATES

May 12 – 15	Track and Field Tryouts
May 12 & 13	Grade 8 Riverwatch Trip
May 13	Grade 8 Badminton Divisionals 4-8PM
May 14	The Class – ROAR Trip Grade 9 Badminton Divisionals 4-8PM
May 15	Grade 6 & 7 Badminton Divisionals 4-8PM
May 16	Non-Instructional Day – No Classes
May 19	Victoria Day – School Closed
May 20	School Council Meeting – 6:30PM Virtual

THE COYOTE CANTEEN

Please note that this is cash only service. Students can come down and purchase a snack if they have forgotten their lunch OR if they would like to supplement the lunch they have.

CANTEEN ITEMS	PRICE
COOKIE	1.00
CHIPS/VEGGIE STRAWS	1.50
POPCORN	1.50
PROTEIN BAR	2.00
CHEEZIT CRACKERS	1.50
RITZ BITES / FISH CRACKERS	1.00
LARGE NOODLE BOWL	2.50
SMALL NOODLE BOWL	2.00
MAC & CHEESE	2.00
JUICE/WATER	1.50

HEALTHY HUNGER – FUN LUNCH

Our Healthy Hunger program, organized by the School Council, is a popular initiative that provides a tasty treat for students and a welcome break for parents.

This program relies on parent volunteers to help organize and distribute lunches to homerooms. If you can attend, please sign up using the link below. If you have previously volunteered with us, we would love to have you back. If you are new to the process, feel free to contact the Office to learn how to get involved.

Please sign up here to volunteer:

<https://www.signupgenius.com/go/10C0A4CABA723A1FAC52-51330546-healthy>

May 15	McDonald's
May 21	Jelly Modern Donuts
May 22	Pizza 73
May 29	Opa
June 5	Edo
June 11	Kernels
June 12	KFC
June 19	Subway
June 25	Saucy Bread Company

EXTRA-CURRICULAR ACTIVITIES – APRIL

Monday	Tuesday	Wednesday	Thursday
Lunch (Full period unless noted)	Lunch (Full period unless noted)	Lunch (Full period unless noted)	Lunch (Full period unless noted)
Karaoke Kindness Rm. 217	Scale Model Builders Rm. 160	Art & Sketchbook Club Rm. 128	Cribbage Club Rm. 219
	QSA Rm. 203	Knitting & Crochet Club Rm. 127	Scale Model Builders Rm. 160
	Board Game Club Rm. 164	Card Magic Club Rm. 160	Jazz Band - Band Room
	Farewell Club Rm. 206		Lego Club Rm. 164
Afterschool	Afterschool	Afterschool	Afterschool

ARBOUR LAKE SCHOOL SOCIAL MEDIA

Please follow us on Instagram at: [arbourslake_cbe](#)