



October 9, 2026

Good afternoon Arbour Lake Families,

It has been another great week at Arbour Lake School! There has been lots happening throughout the building, including a busy week for our Coyote athletics teams.

Congratulations to all of our student athletes on a fantastic week of competition! Both of our soccer teams earned wins this week, with our girls' soccer team winning both of their games. Our Senior Boys Basketball team also came away with a win on Tuesday, while our Junior Boys Basketball team gave us an exciting finish with a buzzer-beater victory! Our Junior Girls Basketball team added another win to the week as well. Well done to all of our Coyotes! We are proud of the effort, teamwork, and sportsmanship our athletes continue to demonstrate, and grateful to the staff who give their time to coach and support our teams.

A reminder that school will be closed on Monday, October 12, for Thanksgiving.

As we head into the long weekend, I hope all of our Arbour Lake families have an opportunity to enjoy some time together, slow down from the busyness of the fall, and appreciate the people and moments that make this time of year special. Wishing everyone a very happy and restful Thanksgiving!

We look forward to welcoming everyone back on Tuesday and as always, please reach out to nmlisi@cbe.ab.ca if you need anything at all.

Dr. Nancy Lisi
Principal
Arbour Lake School

Announcements & Reminders:

Jacket Racket - New

Our school is proud to support Jacket Racket, a Calgary program that helps keep children and families warm during the winter months by providing winter clothing to those in need.

We are collecting donations of clean, gently used or new winter jackets, snow pants, boots, mittens, hats, and other warm winter gear until November 6, 2026. Donations can be dropped off in the main office.

Thank you for your support with our community initiatives!

Annual Demographic and Authorization Forms

Parents and guardians are reminded to complete the **Annual Demographic Verification** and **Annual Authorizations forms** through their Parent PowerSchool account as soon as possible and no later than **September 30**.

Completing these forms is a legal requirement and ensures that student information is accurate and up to date. The Annual Demographic Verification is also required for Alberta Education student funding and confirmation of student registration.

We appreciate families taking a few minutes to complete both forms promptly.

Student Absence or Early Pick-Up/Late Drop-Off

To report a student absence or arrange for an early pick-up, parents/guardians can email the school directly. Please use the email address on file to notify us if your child will be away or if you plan to pick them up early. Be sure to include the following information in your email:

- Your child's first and last name
- Grade
- Reason for the absence or early pick-up (e.g., Dental Appointment)
- Expected time of pick-up

Please email your child's homeroom teacher and the office at arburlake@cbe.ab.ca.

If you are picking up your child early and have sent an email, please call the office at (403) 777-7310 when you arrive, and we will send your child out to meet you. This process helps enhance the safety of our students and staff. Please arrive a few minutes early, as students may need to be located and brought to the office.

If you are dropping your child off late, parents are not required to sign them in.

Annual Volunteer Registration Required for all School Volunteers

To ensure the safety and security of CBE students and staff, all volunteers must be registered with the school each school year before participating in volunteer activities. The Annual Volunteer Registration Form is valid for the current school year only. All volunteers, including returning volunteers, must complete a new registration form each school year before participating in volunteer activities.



Process: Parents and guardians can register as volunteers through the SchoolEngage tab in their MyCBE account. As part of the registration process, all volunteers must review the POPA requirements and sign to indicate their agreement with the conditions outlined in the form.

Celebrating Our Coyotes

At ALS we want to recognize the accomplishments of our students not only at school but also for the impressive things they do outside of school. Many students are engaged in athletics, the arts, community activities, and leadership beyond the classroom. We see Coyotes volunteering, performing in music and dance, acting on stage, coding, and robotics, competing in debate and science fairs, mentoring younger students, fundraising for causes, and contributing to cultural and faith communities. These achievements deserve to be highlighted, and we would love to feature them on our school social media. If your child has something to celebrate, please send a brief description with the student's name and grade, any relevant details or links, and a photo if you are comfortable with it being shared. We will use first names only in our posts. Send submissions directly to nmlisi@cbe.ab.ca.

Upcoming Events & Important Dates

Oct 12	Thanksgiving – School Closed
Oct 19	Non-Instructional Day – No Classes
Oct 20	School Council – Virtual Meeting
Oct 20-22	Gr. 8/9 Band Camp
Oct 26	Photo Re-take Day
Oct 26-30	Spirit Week

Clubs & Activities September Schedule – October

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
Lunch	Lunch	Lunch	Lunch
- Board Game Club Rm. 164 (All Lunch) - Musical Theatre Rm. 124 (All Lunch) - Band Room Practice (All Lunch) *Band Students Only	- Scale Model Builders Rm. 166 (All Lunch) - QSA Rm. 128 (All Lunch) - Band Room Practice (All Lunch) *Band Students Only	- Lego Club Rm. 166 (All Lunch) - Musical Theatre Rm. 124 (All Lunch) - Band Room Practice (All Lunch) *Band Students Only	- Scale Model Builders Rm. 166 (All Lunch) - Cribbage Club Rm. 219 (All Lunch) - Band Room Practice (All Lunch) *Band Students Only
After School	After School	After School	After School

At Home Athletic Events

Oct 6	Boys' Basketball
Oct 7	Girls' Basketball
	Boys' Soccer
Oct 13	Girls' Soccer
Oct 28	Girls' Basketball

Healthy Hunger: Fun Lunch Program

Please find included in this communication the parent/guardian information flyer. Future dates and vendors to be announced.



Oct 15	Edo Japan
Oct 21	Kernels
Oct 29	Subway
Nov 4	Saucy Bread Company
Nov 5	Pizza 73
Nov 18	Kernels
Nov 26	Subway

The Coyotes' Canteen NOW OPEN

The Canteen provides students with an opportunity to buy basic pantry items during the first half of our lunch period in the event they have forgotten to bring a lunch or simply wish to augment what they have packed for the day.

Item	Price
Mac & Cheese	
- Original	\$2.00
- 3 Cheese	
Ben's Original	
- Fried Style Rice	\$2.00
Bear's Paws Cookies	\$1.00
Banana Bread	\$1.00
SmartFood – Popcorn	\$1.50
Lay's Oven Baked Chips	\$1.00
Sun Chips	
- Harvest Cheddar	\$1.00
Pretzels – Rold Gold	\$1.00
Chocolate Cookie	\$1.00
SM Noodle Bowl	
- Beef, Chicken, Spicy, & Veggie	\$2.00
LG Noodle Bowl	
- Beef & Chicken	\$2.50
Apple Juice	\$2.00
Orange Juice	\$2.00
Grapefruit Juice	\$2.00

*All items are subject to availability & prices may change without prior notice.

**CASH SALES ONLY

Arbour Lake School Social Media

Instagram: [arbourslake_cbe](#)

