



February 11, 2026

Dear Arbour Lake School families,

It has been a somber week at Arbour Lake School. As we continue to navigate our own loss, last night's tragic events in Tumbler Ridge, BC have left many of us with heavy hearts. These moments remind us to hold our families and loved ones close as we think of those impacted and extend our sincere condolences to all who are grieving. I also want to thank all of you for your support this week. Each email and call we've received has been greatly appreciated.

I would like to reiterate the message shared by the Calgary Board of Education earlier today. The safety and well-being of our students remains at the forefront of everything we do at ALS. Please take time to review the resources sent earlier this week and again today by the CBE to support conversations with your child, should they have questions or need support.

On a more joyful note, this week our homerooms took time to collectively come together to decorate their classroom doors in honour of Valentine's Day. The theme of love and kindness came through clearly in all creations. Congratulations to Ms. Gedelman's Homeroom taking the win in grades 6 and 7 and Mr. Jang's Homeroom for taking the top spot in grades 8 and 9. Stay tuned to our Instagram account for pics of the winning doors and all the amazingly creative submissions! Happy Valentine's Day to you all!

A reminder that school is closed tomorrow and Friday for Teachers' Convention, and we will also remain closed on Monday for Family Day. I hope this extended weekend provides time to rest and to spend meaningful time with those closest to you.

**School Council will meet virtually on Tuesday, February 17 at 6:30 pm.** A meeting link will be sent out Tuesday for those wishing to join.

Wishing you a restful weekend. As always, if you need to reach me, please email.

Best regards,

Dr. Nancy Lisi  
Principal, Arbour Lake School  
[nmlisi@cbe.ab.ca](mailto:nmlisi@cbe.ab.ca)

## Announcements & Reminders:

### REPORTING AN ABSENCE

To report an absence, you can now email: [arbourlake@cbe.ab.ca](mailto:arbourlake@cbe.ab.ca) with your student's full name and grade or you can continue to use the Absence Phone Line 403-777-7310 Ext 1.

### CELEBRATING OUR COYOTES

New this year is our Celebrating Our Coyotes initiative. We want to recognize the accomplishments of our students not only at school but also for the impressive things they do outside of school. Many students are engaged in athletics, the arts, community activities, and leadership beyond the classroom. We see Coyotes volunteering, performing in music and dance, acting on stage, coding, and robotics, competing in debate and science fairs, mentoring younger students, fundraising for causes, and contributing to cultural and faith communities. These achievements deserve to be highlighted, and we would love to feature them on our school social media. If your child has something to celebrate, please send a brief description with the student's name and grade, any relevant details or links, and a photo if you are comfortable with it being shared. We will use first names only in our posts. Send submissions directly to [nmlisi@cbe.ab.ca](mailto:nmlisi@cbe.ab.ca).

## Upcoming Events & Important Dates

<b>Feb 12-13</b>	<b>Teachers' Convention – School Closed</b>
<b>Feb 16</b>	<b>Family Day – School Closed</b>
<b>Feb 17</b>	<b>School Council Meeting 6:30pm – Virtual</b>
Feb 19	Political Cartoonist – Grades 6 & 9
<b>Feb 24</b>	<b>Report Cards Available via PowerSchool</b> Grade 9 Vaccinations ImPACT @ Noon
<b>Feb 25</b>	<b>Pink Shirt Day</b> Gr. 7 Outdoor Ed. Snowshoe Field Trip Gr. 8 Theatre Calgary Field Trip
<b>Feb 26</b>	<b>Open House 6:30-8pm</b> Gr. 8 Theatre Calgary Field Trip
<b>Feb 27</b>	<b>Non-Instructional Day – No Classes</b>

## Healthy Hunger: Fun Lunch Program

**VOLUNTEERS REQUESTED:** On behalf of School Council, we are always in need of volunteers to help sort the lunches. If you are able to spare a couple hours on a Thursday please sign up using this link:

<https://www.signupgenius.com/go/10C0A4CABA723A1FAC52-60960362-healthy>



Please visit [HealthyHunger.ca](http://HealthyHunger.ca) to create an account and order. When logging in to place an order, please search for **Arbour Lake Middle School** on the Healthy Hunger website.

Feb 18	Kernels – Snack
Feb 19	Opa
Feb 26	Papa John's
March 4	Saucy Bread Company
March 5	Pizza 73
March 12	Subway
March 18	Kernels - Snack

## [Athletics & Extracurricular Activities](#)

### [Clubs & Activities February Schedule](#)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
Lunch	Lunch	Lunch	Lunch
<ul style="list-style-type: none"> <li>- Yearbook Club Rm. 209</li> <li>- Lego Club Rm. 164</li> </ul>	<ul style="list-style-type: none"> <li>- Scale Model Builders Rm. 160</li> <li>- QSA Rm. 203</li> <li>- Board Games Club Rm. 164</li> <li>- Knitting &amp; Crocheting Club Rm. 127</li> </ul>	<ul style="list-style-type: none"> <li>- Chess Club Rm. 160</li> </ul>	<ul style="list-style-type: none"> <li>- Cribbage Club Rm. 219</li> <li>- Scale Model Builders R. 160</li> </ul>
After School	After School	After School	After School

### [Athletic Events at Home](#)

February 17	Girls' Volleyball
February 19	Boys' Volleyball
February 24	Boys' Volleyball

## [The Coyotes' Canteen: NOW OPEN](#)

Item:	Price:
Cheddar Goldfish	\$1.00
SmartFood Popcorn	\$1.50



<b>Lay's Oven Baked Chips</b>	<b>\$1.00</b>
<b>Sun Chips:</b> Harvest Cheddar	<b>\$1.00</b>
<b>Rold Gold Pretzels</b>	<b>\$1.00</b>
<b>Veggie Straws:</b> Original, Wavy Sea Salt, & Zesty Ranch	<b>\$1.00</b>
<b>Chocolate Cookie</b>	<b>\$1.50</b>
<b>Small Noodle Bowl:</b> Beef, Chicken, Spicy, Veggie	<b>\$2.00</b>
<b>Large Noodle Bowl:</b> Beef & Chicken	<b>\$2.50</b>
<b>Kraft Dinner:</b> Original & Poutine	<b>\$2.00</b>
<b>Juice:</b> Apple, Orange, & Grapefruit	<b>\$1.50</b>

- ❖ All items are subject to availability & prices may change without prior notice to reflect cost by supplier. This is non-profit service. Items are sold at cost.
- ❖ All Sales are CASH ONLY

## [Arbour Lake School Social Media](#)

Instagram:      arbourlake\_cbe

