



November 7, 2025

Hello Parents and Guardians,

I hope you are doing well. I wanted to share a few highlights from this week at Arbour Lake School and provide some important updates as we head into the long weekend. We held our Remembrance Day ceremony today. Although we had to adjust our approach due to limited planning time and moved to an online format streamed into homerooms, it was nonetheless very meaningful and engaging. I want to extend a sincere thank you to Ms. MacDougall, Ms. Rehman, Mr. Eygenramm, Ms. Redding, Ms. Samuelson, and Ms. Tompkins for putting the program together so quickly. Our MCs Abigail, Siiri, Naomi, and Kasha did a wonderful job guiding the ceremony, and Tristan's beautiful rendition of the Last Post added a very special touch. This event remains an important part of our fall programming and offers us the opportunity to pause and honour those who served so that we may live in a peaceful and safe Canada.

A few updates as we look ahead:

Athletics:

Our basketball season has resumed. Practices took place this week, and we have two exhibition games scheduled later this month. Coaches will communicate directly with players and families as details are confirmed.

Clubs and Extracurricular Opportunities:

As noted athletics has resumed, and Patrols have also resumed this week. All other clubs and extracurricular activities will begin again on November 17. We look forward to seeing students reconnect with activities they enjoy.

School Photos:

School photos have been rescheduled. Originally planned for October, they will now take place on **November 13**, which is the first day back after fall break.

As we head into the weekend and the extended break next week, I wish you and your families a wonderful and restful time. If you have any questions or need assistance, please feel free to reach out at nmlisi@cbe.ab.ca.

Warm regards,

Dr. Nancy Lisi
Principal, Arbour Lake School

Announcements & Reminders:

Grade 9 Spring Sailing Trip – Winter Fundraiser

Each year, a group of grade 9 students are offered the opportunity to participate in a sailing trip on the west coast. This is a significant and costly experience, and fundraising opportunities are organized to help reduce expenses for students and their families. Our first sailing fundraiser of the year is now live, and all ALS families are invited to support this exciting learning adventure.

This initial fundraiser provides an Opportunity to purchase holiday plants. If you are interested, please visit the link below to place your order. When prompted, select “All students” in the referral section so that your contribution helps reduce the overall cost for all students attending the trip. <https://alssailing.growingsmilesfundraising.com/home>

Celebrating Our Coyotes

New this year is our Celebrating Our Coyotes initiative. We want to recognize the accomplishments of our students not only at school but also for the impressive things they do outside of school. Many students are engaged in athletics, the arts, community activities, and leadership beyond the classroom. We see Coyotes volunteering, performing in music and dance, acting on stage, coding, and robotics, competing in debate and science fairs, mentoring younger students, fundraising for causes, and contributing to cultural and faith communities. These achievements deserve to be highlighted, and we would love to feature them on our school social media. If your child has something to celebrate, please send a brief description with the student's name and grade, any relevant details or links, and a photo if you are comfortable with it being shared. We will use first names only in our posts. Send submissions directly to nmlisi@cbe.ab.ca.

Upcoming Events & Important Dates

Nov 10-12	Fall Break – School Closed
Nov 13	Photo Day
Nov 17	Grade 9 Trip to Zoo Hr. 9.5/9.6
Nov 18	School Council Meeting – Virtual
Nov 19	Grade 9 Trip to Zoo Hr. 9.1/9.2
Nov 20	Grade 9 Trip to Zoo Hr. 9.3/9.7
Nov 27	Parent/Teacher Conferences 4-9pm
Nov 28	Parent/Teacher Conferences 8am-1pm (No Classes)

Healthy Hunger: Fun Lunch Program

TBA



Athletics & Extracurricular Activities

Clubs & Activities Calendar – To Resume November 17th

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
Lunch	Lunch	Lunch	Lunch
-	-		-
After School	After School	After School	After School

Athletic Events

Nov 13 Exhibition Game at Home – Senior Girls Basketball
 Nov 19 Exhibition Game at Home – Senior Boys Basketball

The Coyotes' Canteen: NOW OPEN

Item:	Price:
Cheddar Goldfish	\$1.00
SmartFood Popcorn	\$1.50
Lay's Oven Baked Chips	\$1.00
Sun Chips: Harvest Cheddar	\$1.00
Rold Gold Pretzels	\$1.00
Veggie Straws: Original, Wavy Sea Salt, & Zesty Ranch	\$1.00
Chocolate Cookie	\$1.50
Small Noodle Bowl: Beef, Chicken, Spicy, Veggie	\$2.00
Large Noodle Bowl: Beef & Chicken	\$2.50
Kraft Dinner: Original & Poutine	\$2.00
Juice: Apple, Orange, & Grapefruit	\$1.50

- ❖ All items are subject to availability & prices may change without prior notice to reflect cost by supplier. This is non-profit service. Items are sold at cost.
- ❖ All Sales are CASH ONLY

Arbour Lake School Social Media

Instagram: [arbourlake_cbe](#)



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