



February 6, 2026

Dear Families,

I hope everyone has had a great week. It has been a busy one around the school, and with the recent stretch of nice weather it feels like a little spring fever has arrived a few months early. I think students and staff alike are feeling it, and no complaints here.

This week, several of our Grade 6 classes participated in a mock trial facilitated by students from the University of Calgary Law Faculty. It was a fantastic experience and a great opportunity for students to engage in critical thinking, collaboration, and real world learning. We have also seen lots of volleyball action, with our boys teams participating in tournaments and representing the school well.

Today we held our second teacher swap day. Homeroom classes had the opportunity to work with other homeroom teachers within their grade, with a focus on building connections with additional adults in the building and strengthening students' sense of belonging.

A quick reminder that Monday is order pick up for families who placed orders through the **Fill Your Freezer fundraiser from 2:45-5:00pm**. Thank you for your support of this initiative.

I would also like to draw your attention to our annual **Open House, scheduled for Wednesday, February 26 from 6:30 to 8:00 pm**. This evening is designed for families transitioning to Arbour Lake School next year, including any current families with younger siblings who may be coming next year. It provides an opportunity for students to visit the school and for parents to get a sense of what the middle school experience will look like. If you have friends or neighbours with children joining us next year, please feel free to pass this information along to them as well.

Looking ahead, next week will be a short week. The school will be closed to students on Thursday and Friday, February 12 and 13, due to Teachers' Convention.

As always, thank you for your continued support. If you have any questions or need to connect, please do not hesitate to reach out.  
I hope you all have a wonderful weekend.

Warm regards,

Dr. Nancy Lisi  
Principal, Arbour Lake School  
[nmlisi@cbe.ab.ca](mailto:nmlisi@cbe.ab.ca)

## Announcements & Reminders:

### REPORTING AN ABSENCE

To report an absence, you can now email: [arbourlake@cbe.ab.ca](mailto:arbourlake@cbe.ab.ca) with your student's full name and grade or you can continue to use the Absence Phone Line 403-777-7310 Ext 1.

### CELEBRATING OUR COYOTES

New this year is our Celebrating Our Coyotes initiative. We want to recognize the accomplishments of our students not only at school but also for the impressive things they do outside of school. Many students are engaged in athletics, the arts, community activities, and leadership beyond the classroom. We see Coyotes volunteering, performing in music and dance, acting on stage, coding, and robotics, competing in debate and science fairs, mentoring younger students, fundraising for causes, and contributing to cultural and faith communities. These achievements deserve to be highlighted, and we would love to feature them on our school social media. If your child has something to celebrate, please send a brief description with the student's name and grade, any relevant details or links, and a photo if you are comfortable with it being shared. We will use first names only in our posts. Send submissions directly to [nmlisi@cbe.ab.ca](mailto:nmlisi@cbe.ab.ca).

## Upcoming Events & Important Dates

<b>Feb 12-13</b>	<b>Teachers' Convention – School Closed</b>
<b>Feb 16</b>	<b>Family Day – School Closed</b>
<b>Feb 17</b>	<b>School Council Meeting 6:30pm – Virtual</b>
<b>Feb 19</b>	Political Cartoonist – Grades 6 & 9
<b>Feb 24</b>	<b>Report Cards Available via PowerSchool</b> Grade 9 Vaccinations ImPACT @ Noon
<b>Feb 25</b>	<b>Pink Shirt Day</b> Gr. 7 Outdoor Ed. Snowshoe Field Trip Gr. 8 Theatre Calgary Field Trip
<b>Feb 26</b>	<b>Open House 6:30-8pm</b> Gr. 8 Theatre Calgary Field Trip
<b>Feb 27</b>	<b>Non-Instructional Day – No Classes</b>

## Healthy Hunger: Fun Lunch Program

**VOLUNTEERS REQUESTED:** On behalf of School Council, we are always in need of volunteers to help sort the lunches. If you are able to spare a couple hours on a Thursday please sign up using this link:

<https://www.signupgenius.com/go/10C0A4CABA723A1FAC52-60960362-healthy>



Please visit [HealthyHunger.ca](http://HealthyHunger.ca) to create an account and order. When logging in to place an order, please search for **Arbour Lake Middle School** on the Healthy Hunger website.

Feb 18	Kernels – Snack
Feb 19	Opa
Feb 26	Papa John's
March 4	Saucy Bread Company
March 5	Pizza 73
March 12	Subway
March 18	Kernels - Snack

## [Athletics & Extracurricular Activities](#)

### [Clubs & Activities February Schedule](#)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
Lunch	Lunch	Lunch	Lunch
<ul style="list-style-type: none"> <li>- Yearbook Club Rm. 209</li> <li>- Lego Club Rm. 164</li> </ul>	<ul style="list-style-type: none"> <li>- Scale Model Builders Rm. 160</li> <li>- QSA Rm. 203</li> <li>- Board Games Club Rm. 164</li> <li>- Knitting &amp; Crocheting Club Rm. 127</li> </ul>	<ul style="list-style-type: none"> <li>- Chess Club Rm. 160</li> </ul>	<ul style="list-style-type: none"> <li>- Cribbage Club Rm. 219</li> <li>- Scale Model Builders R. 160</li> </ul>
After School	After School	After School	After School

### [Athletic Events at Home](#)

Feb 11      Boys' Volleyball Games

## [The Coyotes' Canteen: NOW OPEN](#)

Item:	Price:
Cheddar Goldfish	\$1.00
SmartFood Popcorn	\$1.50
Lay's Oven Baked Chips	\$1.00
Sun Chips: Harvest Cheddar	\$1.00
Rold Gold Pretzels	\$1.00



<b>Veggie Straws:</b> Original, Wavy Sea Salt, & Zesty Ranch	<b>\$1.00</b>
<b>Chocolate Cookie</b>	<b>\$1.50</b>
<b>Small Noodle Bowl:</b> Beef, Chicken, Spicy, Veggie	<b>\$2.00</b>
<b>Large Noodle Bowl:</b> Beef & Chicken	<b>\$2.50</b>
<b>Kraft Dinner:</b> Original & Poutine	<b>\$2.00</b>
<b>Juice:</b> Apple, Orange, & Grapefruit	<b>\$1.50</b>

- ❖ All items are subject to availability & prices may change without prior notice to reflect cost by supplier. This is non-profit service. Items are sold at cost.
- ❖ All Sales are CASH ONLY

## [Arbour Lake School Social Media](#)

Instagram:      arburlake\_cbe

