



Arbour Lake School Weekly Update

Arbour Lake School

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January 30, 2025

Good afternoon!

It's been another busy week at Arbour Lake School. We began the week on Monday with the CBE Middle School Well-Being Symposium, which was attended by our students who are part of ImPACt, our Principal's Advisory and Leadership Group. They had the opportunity to hear about the CBE's well-being plan and how it aligns with our own school plan. The students also spent time working on refining our school's approach to well-being and had the chance to meet with students from other schools to exchange ideas and strategies.

Also on Monday, report cards were made available via PowerSchool, and Semester 2 officially began on Tuesday. Students have now attended both of their new complementary programs, and it's great to see everyone getting settled into their new classes and activities.

On Wednesday, our Grade 9 students participated in the "Economics for Success" program, presented by SAIT. This was a valuable opportunity for them to engage in real-world learning, even if some of the material felt a bit dry. Regardless, it was an excellent experience that helped them gain insight into future career possibilities.

Additionally, Grade 9 students who are transferring to Robert Thirsk High School next year had the chance to tour the school on Monday. Grade 9s who are planning to attend their designated high school, based on their residency, need not take any action as students are rolled over automatically to their high school based on the address currently in PowerSchool. Students who are not planning to attend their designated high school **MUST** engage in the CBE High School Transfer process. For more information on the CBE High School Transfer process, please refer to the announcements for Grade 9 parents.

Finally, a big congratulations to our volleyball teams for their hard work this week! All teams performed admirably, and congrats to the teams that brought home some wins.

Just a reminder: tomorrow is a non-instructional day for students, so there will be no classes and, as always, if you have any questions or need assistance, please don't hesitate to contact me at nmlisi@cbe.ab.ca.

Wishing you all a wonderful weekend!

Warm regards,

Dr. Nancy Lisi
Principal, Arbour Lake School

ANNOUNCEMENTS & REMINDERS:

CBE High School Transfer Process

For grade 9 students who are considering a transfer to a high school that is not their designated high school should familiarize themselves with the [CBE High School Transfer Process](#). The High School Transfer Process opens on February 10 and closes March 15. Below are some key points to keep in mind. Please consult the CBE Website for detailed and accurate information.

- Middle/Junior High Feeder Schools are not involved in the High School Transfer Process. Please reach out to the high school with any questions you may have.
- CBE high schools are continuing to experience enrolment growth and consequently, many schools have limited or closed status for transfers for the 2025-26 school year.
- CBE's priorities are to manage this growth equitably and ensure that schools have enough spaces for students who live in the communities designated to our schools. This means schools identified as being open or limited must consider school capacity and enrolment in programs or courses for students designated to attend a high school, before we can accept transfers from out-of-attendance students.
- CBE schools identified as open or limited will only be able to accept transfers for the 2025-26 school year once they ensure space exists for out-of-attendance students.
- Students interested in academic credentialed learning, such as the International Baccalaureate Programme (IB) or Advanced Placement (AP), will be able to request this at their designated high school that offers these options.
- There are five (5) IB Programme schools in the CBE. Students who are not designated to one of these schools for the regular program will be required to submit a transfer for the IB-designated school in their Area. After March 15, the IB Programme school will determine how many spaces are available for students requiring a transfer and communicate acceptance to families by April 11.

Sailing Fundraiser-Fill Your Freezer

The second fundraiser for our sailing class is up and running.

This one is a Fill Your Freezer Fundraiser! Take a look at the link, lots of options (sausages, steaks, pierogis, sweet treats, meat pies and more). All profit will go towards reducing the cost of the trip for all students. Thanks in advance for your support!

<https://arbourlakesailing2025.myteamfund.ca/seller/1637-01>

School Fundraising Society – Casino Dates and Volunteering

The **Casino Fundraiser on February 6th & 7th** is coming up quickly! It is 4 weeks away and we almost have enough volunteers.

However, we do **require a count room supervisor** for Thursday night and a **chip runner** for Friday night.

Please consider volunteering as this is our most profitable fundraiser for the school.

The Arbour Lake School Fundraising Society is organized by parents and plays a vital role in supporting our school and students by organizing various fundraising initiatives. Their efforts help provide additional resources and programs that enhance the educational experience for our students. One significant event they host is a casino night, which raises thousands of dollars for the school. This event relies heavily on the support of volunteers. If you're interested in helping, please sign up using the link below. Your involvement makes a real difference!

Casino Night Dates: February 6 & 7, 2025

Sign-Up Link: <https://www.signupgenius.com/go/10C0A4FA5AD2FA2F5C70-51590141-volunteer>

UPCOMING IMPORTANT DATES

Feb 3-6	Grade 7-9 Trip to Camp Chief Hector U of C Law Students to Visit Grade 6 Classrooms
Feb 13-14	Teachers' Convention – School Closed
Feb 17	Family Day – School Closed
Feb 18	School Council Meeting – 6:30PM Virtual
Feb 19	Grade 7 Trip to Fitset Ninja
Feb 30-22	Coyote Classic Volleyball Tournament
Feb 24	Grade 7 Trip to Fitset Ninja
Feb 25	Team Photos
Feb 26	Pink Shirt Day
Feb 27	Grade 7 Trip to Fitset Ninja
Feb 28	Non-Instructional Day – No Classes

THE COYOTE CANTEEN

Please note that this is a cash only service. Students are able to come down and purchase a snack if they have forgotten their lunch OR if they would like to supplement the lunch they have.

CANTEEN ITEMS	PRICE
COOKIE	1.00
CHIPS/VEGGIE STRAWS	1.50
POPCORN	1.50

PROTEIN BAR	2.00
CHEEZIT CRACKERS	1.50
RITZ BITES / FISH CRACKERS	1.00
LARGE NOODLE BOWL	2.50
SMALL NOODLE BOWL	2.00
MAC & CHEESE	2.00
JUICE/WATER	1.50

HEALTHY HUNGER – FUN LUNCH

Our Healthy Hunger program, organized by the School Council, is a popular initiative that provides a tasty treat for students and a welcome break for parents.

This program relies on parent volunteers to help organize and distribute lunches to homerooms. If you're able to attend, please sign up using the link below. If you've previously volunteered with us, we'd love to have you back. If you're new to the process, feel free to contact the main office to learn how to get involved.

Please sign up here to volunteer:

<https://www.signupgenius.com/go/10C0A4CABA723A1FAC52-51330546-healthy>

Feb 5	Kernels
Feb 6	Subway
Feb 19	Tim Horton's
Feb 20	Mary Brown's
Feb 27	Subway

EXTRA-CURRICULAR ACTIVITIES-Updated

Monday	Tuesday	Wednesday	Thursday
Lunch (Full period unless noted)	Lunch (Full period unless noted)	Lunch (Full period unless noted)	Lunch (Full period unless noted)
Minecraft – Band Rm.	Scale Model Builders Rm. 160	Chess Club Rm. 160 (start on the 20th)	Cribbage Club Rm. 219
Karaoke Kindness Rm. 217 (2 nd half)	QSA Rm. 203	Self-Defense Club Gr. 6/7 Girls Dance Studio (2 nd half)	Scale Model Builders Rm. 160
Lego Club Rm. 164	Trivia Club Rm. 206 (2 nd half)	Creative Writing Club Rm. 120	Jazz Band - Band Rm.
		Board Game Club Rm. 164	Mathematics Club Rm. 204 (2nd half lunch)
Afterschool	Afterschool	Afterschool	Afterschool

ATHLETICS

Boys Volleyball (Jr. & Sr.) Games

February 3, 2025

Boys Volleyball (Jr. & Sr.) Games

February 6, 2025

Girls Volleyball Practice

Mondays & Wednesdays 2:45-4:00PM

Boys Volleyball Practice

Tuesdays & Thursdays 2:45-4:00PM

ARBOUR LAKE SCHOOL SOCIAL MEDIA

Please follow us on Instagram at: [arburlake_cbe](https://www.instagram.com/arburlake_cbe)