



Good evening Parents and Guardians,

I hope you have all had a great week. Winter has definitely arrived, and this is a good time to remind students that they will be going outdoors daily. Please ensure they have proper footwear, jackets, and any other cold-weather gear they may need. Students should be prepared to be outside during lunch and at various points throughout the day.

A big congratulations to all students who auditioned for our mainstage production of *Frozen*, coming this spring. The full cast list, including ensemble, was posted today. Read-throughs and rehearsals will begin next week. We are very excited to see this production come to life on stage in May.

School photos were sent home last week. Any student who missed photo day or would like retakes will have the opportunity on December 8. Lifetouch will be returning to the school for retakes at that time.

A reminder that there are no classes tomorrow. Teachers will continue hosting Parent-Teacher Learning Conferences from 8:00 a.m. to 1:00 p.m. If you have not booked an appointment, you are welcome to email your child's teacher. While they may not be able to meet tomorrow, they will be happy to connect with you about your child's progress at a later date and time.

I hope you all enjoy a wonderful weekend. As always, please feel free to reach out if there is anything I can assist with. I can be reached at nmlisi@cbe.ab.ca.

Warm regards,

Dr. Nancy Lisi
Principal, Arbour Lake School

Announcements & Reminders:

Magic of Christmas Donations

We are running our Magic of Christmas donation drive this year! From December 1st through December 18th, we are collecting donations for the local organization, Magic of Christmas. Each year they collect and then deliver donations on Christmas Day to families in need throughout Calgary. All donations need to be new and unwrapped. They are in need of gifts for all ages – infants to grandparents – and also accepting donations for pets. All donations can be brought into the office. Please see the attached Wish List for needed items. Thank you!

Celebrating Our Coyotes

New this year is our Celebrating Our Coyotes initiative. We want to recognize the accomplishments of our students not only at school but also for the impressive things they do outside of school. Many students are engaged in athletics, the arts, community activities, and leadership beyond the classroom. We see Coyotes volunteering, performing in music and dance, acting on stage, coding, and robotics, competing in debate and science fairs, mentoring younger students, fundraising for causes, and contributing to cultural and faith communities. These achievements deserve to be highlighted, and we would love to feature them on our school social media. If your child has something to celebrate, please send a brief description with the student's name and grade, any relevant details or links, and a photo if you are comfortable with it being shared. We will use first names only in our posts. Send submissions directly to nmlisi@cbe.ab.ca.

Upcoming Events & Important Dates

Nov 27	Parent/Teacher Conferences 4-9pm
Nov 28	Parent/Teacher Conferences 8am-1pm (No Classes)
Dec 1	Gr. 8 Laser City Science Field Trip Gr. 9 Outdoor Ed Climbing Trip
Dec 2	Gr. 8 Laser City Science Field Trip
Dec 3	Gr. 8 Laser City Science Field Trip
Dec 8	Photo Retake Day Middle School Wellness Symposium
Dec 9	Gr. 9 Drama Field Trip – Wizard of Oz
Dec 15-19	Spirit Week
Dec 19	Last Day of Classes before Winter Break
Dec 20-Jan 4	Winter Break
Jan 5	Classes Resume



Healthy Hunger: Fun Lunch Program **NEW DATES**

Our Healthy Hunger lunch program is resuming. Please visit HealthyHunger.ca to create an account and order. When logging in to place an order, please search for **Arbour Lake Middle School** on the Healthy Hunger website.

Dec 3	Fun Snack – The Saucy Bread Company
Dec 4	Little Caesars
Dec 11	Subway
Dec 17	Fun Snack – Kernels Popcorn
Dec 18	Edo Japan
Jan 7	Fun Snack – Tim Hortons
Jan 8	Little Caesar's
Jan 15	Subway
Jan 21	Fun Snack – Kernels Popcorn
Jan 22	Popeye's
Jan 29	Mary Brown's

Athletics & Extracurricular Activities

Clubs & Activities December Schedule

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
Lunch	Lunch	Lunch	Lunch
<ul style="list-style-type: none"> - Sketching Club Rm. 209 - Lego Club Rm. 164 	<ul style="list-style-type: none"> - Scale Model Builders Rm. 160 - QSA Rm. 203 - Board Games Club Rm. 164 	<ul style="list-style-type: none"> - Chess Club Rm. 160 	<ul style="list-style-type: none"> - Cribbage Club Rm. 219 - Scale Model Builders R. 160
After School	After School	After School	After School

Athletic Events

The Coyotes' Canteen: NOW OPEN

Item:	Price:
Cheddar Goldfish	\$1.00
SmartFood Popcorn	\$1.50
Lay's Oven Baked Chips	\$1.00



Sun Chips: Harvest Cheddar	\$1.00
Rold Gold Pretzels	\$1.00
Veggie Straws: Original, Wavy Sea Salt, & Zesty Ranch	\$1.00
Chocolate Cookie	\$1.50
Small Noodle Bowl: Beef, Chicken, Spicy, Veggie	\$2.00
Large Noodle Bowl: Beef & Chicken	\$2.50
Kraft Dinner: Original & Poutine	\$2.00
Juice: Apple, Orange, & Grapefruit	\$1.50

- ❖ All items are subject to availability & prices may change without prior notice to reflect cost by supplier. This is non-profit service. Items are sold at cost.
- ❖ All Sales are CASH ONLY

[Arbour Lake School Social Media](#)

Instagram: arbourlake_cbe

