



November 21, 2025

Hello ALS Families,

This week's update is coming to you a day early.

Thank you to all the parents and guardians who attended School Council on Tuesday evening. It was wonderful to see so many of you there. For those who were unable to attend, our School Development Plan, School Improvement Results Report, and Fees Report to Parents for the 2024 to 2025 school year will be posted on our website by the end of next week.

Photo proofs are coming home with students today. Please take a look. If you feel you need retakes, these are scheduled for December 8th.

A big shout out to our basketball teams who celebrated some great wins this week as they wrap up the modified season. We are proud of their effort and teamwork.

A reminder that information was sent out earlier this week regarding Parent Teacher Learning Conferences. These conferences will proceed as scheduled on November 27 from 4:00 to 8:00 pm and on November 28 from 8:00 am to 1:00 pm. The link to book conferences has been sent. The default format is online, however if you prefer an in-person meeting, please contact your child's homeroom teacher directly to make those arrangements.

Wishing you all a wonderful Friday and weekend when you get there. Do not hesitate to reach out if you need anything. I can be contacted at nmlisi@cbe.ab.ca.

Warm regards,

Dr. Nancy Lisi
Principal, Arbour Lake School

Announcements & Reminders:

School Photos

School pictures are ready!

Your child's school pictures are now available! To view them online, please log in to your account at mylifetouch.ca. If you don't have an account yet, you can create one using your email address. You'll need your student's ID number to locate their photos.

Important: If you don't know your student's ID number, please do not contact the school. Paper proofs containing your login credentials will be sent to your home shortly, allowing you to view the images online.

Bonus: All families can also order a FREE digital Pictures2Protect Card—a great way to keep your child's photo and emergency info handy. Learn more about the Pictures2Protect program here. Thank you! —The Lifetouch Team

[Grade 9 Spring Sailing Trip – Winter Fundraiser](#)

Each year, a group of grade 9 students are offered the opportunity to participate in a sailing trip on the west coast. This is a significant and costly experience, and fundraising opportunities are organized to help reduce expenses for students and their families. Our first sailing fundraiser of the year is now live, and all ALS families are invited to support this exciting learning adventure.

This initial fundraiser provides an Opportunity to purchase holiday plants. If you are interested, please visit the link below to place your order. When prompted, select "All students" in the referral section so that your contribution helps reduce the overall cost for all students attending the trip. <https://alsailing.growingsmilesfundraising.com/home>

[Celebrating Our Coyotes](#)

New this year is our Celebrating Our Coyotes initiative. We want to recognize the accomplishments of our students not only at school but also for the impressive things they do outside of school. Many students are engaged in athletics, the arts, community activities, and leadership beyond the classroom. We see Coyotes volunteering, performing in music and dance, acting on stage, coding, and robotics, competing in debate and science fairs, mentoring younger students, fundraising for causes, and contributing to cultural and faith communities. These achievements deserve to be highlighted, and we would love to feature them on our school social media. If your child has something to celebrate, please send a brief description with the student's name and grade, any relevant details or links, and a photo if you are comfortable with it being shared. We will use first names only in our posts. Send submissions directly to nmlisi@cbe.ab.ca.

[Upcoming Events & Important Dates](#)

Nov 27	Parent/Teacher Conferences 4-9pm
Nov 28	Parent/Teacher Conferences 8am-1pm (No Classes)

[Healthy Hunger: Fun Lunch Program](#) **NEW DATES**

Our Healthy Hunger lunch program is resuming. Please visit HealthyHunger.ca to create an account and order. When logging in to place an order, please search for **Arbour Lake Middle School** on the Healthy Hunger website.

Nov 26	Kernels
Nov 27	Mary Brown's



Athletics & Extracurricular Activities

Clubs & Activities Calendar – To Resume November 17th

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
Lunch	Lunch	Lunch	Lunch
- Sketching Club Rm. 209 - Lego Club Rm. 164	- Scale Model Builders Rm. 160 - QSA Rm. 203 - Board Games Club Rm. 164	- Chess Club Rm. 160 - Improv Club Drama Room	- Cribbage Club Rm. 219 - Scale Model Builders R. 160
After School	After School	After School	After School

Athletic Events

The Coyotes' Canteen: NOW OPEN

Item:	Price:
Cheddar Goldfish	\$1.00
SmartFood Popcorn	\$1.50
Lay's Oven Baked Chips	\$1.00
Sun Chips: Harvest Cheddar	\$1.00
Rold Gold Pretzels	\$1.00
Veggie Straws: Original, Wavy Sea Salt, & Zesty Ranch	\$1.00
Chocolate Cookie	\$1.50
Small Noodle Bowl: Beef, Chicken, Spicy, Veggie	\$2.00
Large Noodle Bowl: Beef & Chicken	\$2.50
Kraft Dinner: Original & Poutine	\$2.00
Juice: Apple, Orange, & Grapefruit	\$1.50

- ❖ All items are subject to availability & prices may change without prior notice to reflect cost by supplier. This is non-profit service. Items are sold at cost.
- ❖ All Sales are CASH ONLY

Arbour Lake School Social Media

Instagram: arbourlake_cbe



Calgary Board
of Education